

**Working in the U.S.?
You Have Rights!**



You have protections when exercising your labor rights, and it is illegal for you to be fired or retaliated against for contacting the USDOL.

**Visit
[MigrantWorker.gov](https://migrantworker.gov)
to learn more.**



Migrant Workers have rights regardless of their immigration status.

The U.S. Department of Labor (USDOL) helps workers. We are here to ensure your workplace is safe and healthy, and that you receive full payment of wages.

At MigrantWorker.gov, you can find information such as:

- Answers to common questions on topics like recruitment, wage payment, workplace safety, organizing rights, discrimination and harassment, and threats or retaliation.
- Videos about migrant worker rights.
- Tools for recognizing exploitation and trafficking at work.
- Ways to contact your country's consulate in the U.S. for support.

You can also learn how to contact the various USDOL agencies that enforce these labor laws. USDOL services are **free** and **confidential**. When you call, you can ask for an interpreter in your native language.

