



Building Financial Resilience and Long-Term Financial Security Webcast

February 23, 2022, 2:00 pm – 4:00 pm EDT

During *America Saves Week*, join the U.S. Department of Labor for our free webcast to help you build financial resilience and long-term financial security. Learn the steps you can take to begin or rebuild your emergency savings, save for retirement in your employer sponsored retirement plan, and find financial education resources to help you prepare for your future. Like many life events, the pandemic has presented financial challenges. Now is a good time to review your finances to make sure you are building a solid foundation to meet your financial goals now and in the future.

Join the Department of Labor's Employee Benefits Security Administration, Certified Financial Planner Board of Standards, and America Saves for this free webcast created to answer your most important financial questions to help you and your family. You'll learn how to build financial resilience including where to find emergency savings and how to make the most of your employer sponsored retirement and health plans, which can help you continue to save for your future financial security. The Certified Financial Planner Board of Standards will provide practical information and best practices. America Saves will highlight how to save for life's opportunities using automatic deductions and how to get in the retirement mindset. Saving is difficult for many Americans – this webcast will provide you with steps to make saving easier as part of building financial resilience now and in the future.

Please [register](#) for the webcast and the link for the event will be emailed to you.

Individuals with disabilities who need special accommodations please email golding.debra@dol.gov

The list of attendees will be available upon request. Please email golding.debra@dol.gov if you do not want your name shared.