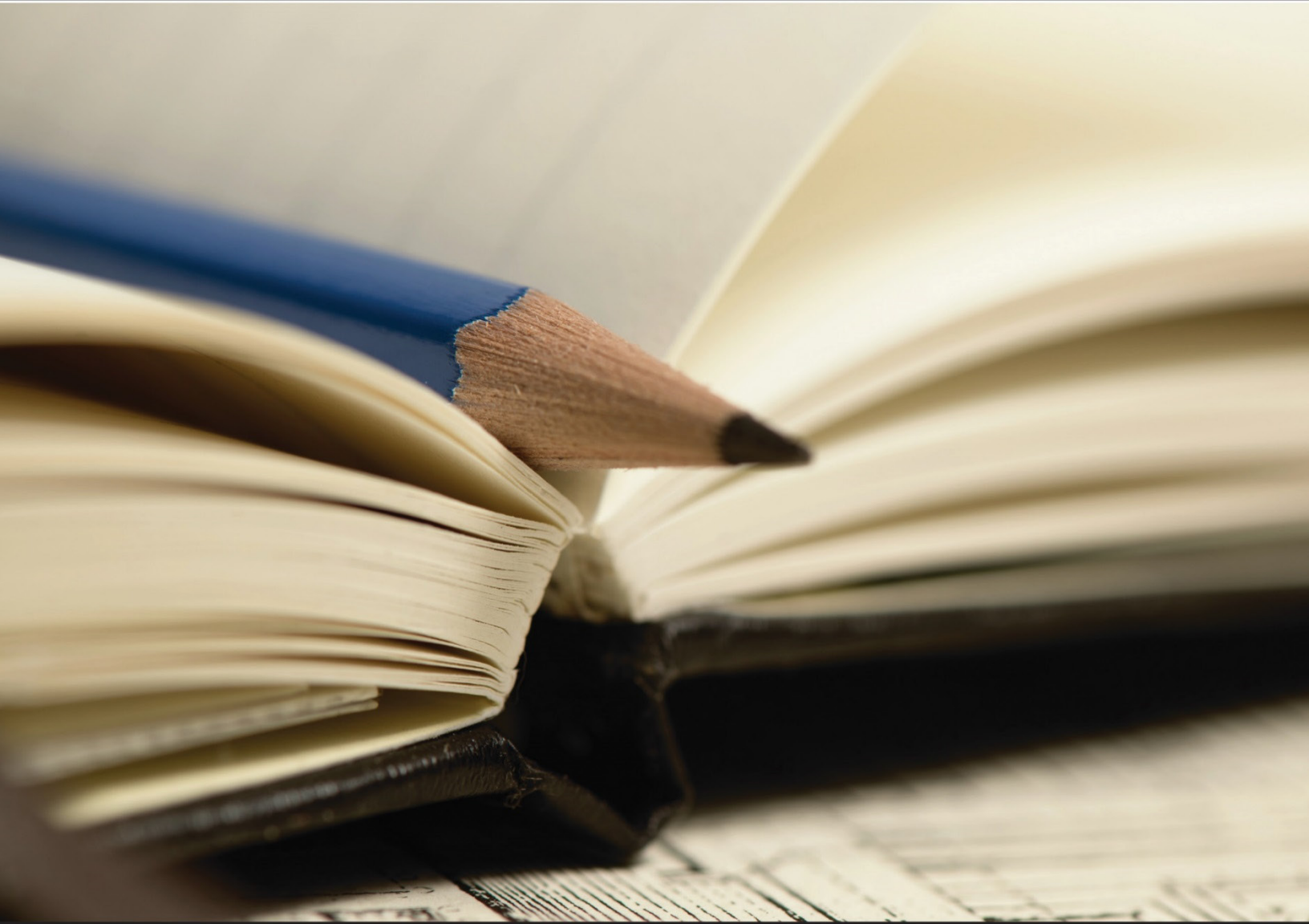


U.S. DEPARTMENT OF LABOR



VETS Resource Guide





Visit <https://www.dol.gov/agencies/vets/programs/tap> to access and download additional VETS Transition Assistance Program resources.

Disclaimer: The information provided herein does not constitute a formal endorsement of any company, its product, or services by the U.S. Department of Labor (DOL). Specifically, the appearance or use of external hyperlinks does not constitute endorsement by the DOL of the linked websites or the information, products, or services contained therein. The DOL does not exercise any editorial control over the information you may find at these locations. While this information provides informational resource materials to assist military personnel and their families in identifying or exploring resources and options, the resources provided are not exhaustive.

All websites, URLs and screen shots within this guide are active at the date of publication. However, URLs and web content are subject to change without notice, and users of this guide are advised to follow links to confirm information is the current version.

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How to Use This Guide

Welcome to the Department of Labor's Veterans' Employment and Training Service (VETS) Resource Guide!

The **VETS Resource Guide (VRG)** was created to support the workshops presented by the U.S. Department of Labor and the Transition Assistance Program (TAP) to transitioning service members, veterans, spouses of all branches of the military and Coast Guard, and caregivers. It will help you quickly find and access the many World Wide Web resources discussed in our workshops as well as other important transition-related resources available to our service members. It is organized alphabetically by major topic headings covered in the workshop content.

The best method to quickly find specific links related to a subject of interest:


- Use the **Search** field in the menu bar of your PDF reader.

OR

- Use the **Find** function by pressing "CTRL+F," then enter the subject-related keywords or organization names into the search field for your desired topic.

IMPORTANT:

The services listed in this guide have been reviewed by the Department of Labor as possible sources of veteran support services.

- *Inclusion in this guide **does not** indicate endorsement of services.*
 - *Criteria for inclusion in this guide is that veterans are not charged any fees for the basic services offered by the sites or organizations included in this guide.*
 - *Any software applications listed in this Guide **have not been tested** for cyberthreats or possible negative impacts on personal data or computing equipment. Testing, installation, and use are at the sole discretion of the user.*
 - *Resources marked with this symbol  are approved partners of the Employment Navigator and Partnership Program (ENPP) and have signed a Memorandum of Understanding (MOU) with DOL VETS and provide services and assistance to transitioning service members, veterans, and their spouses.*
-

Active-Duty Education Resources/Opportunities

Air University (AU), Community College of the Air Force – Transform yourself: Add credentials and college degrees to your resume. Expand your opportunities for jobs, promotions, further education inside/outside AF. We equip you with degrees and credentials you need to succeed! www.airuniversity.af.mil/Barnes/CCAF/

Army Ignited – A tailored, intuitive resource empowering you to achieve your educational goals. Whether you're at home or deployed, you have access to education opportunities, support, and guidance throughout your education journey.

<https://www.armyignited.army.mil/student/public/welcome>

Coast Guard Voluntary Education – Provides services to assist with professional growth through higher education. Services include Registrar Services for degree entry and JST updates, Course Support Testing for qualification testing, ESO designation/relief, and support for Tuition Assistance and Grant Applications. <https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/ETQC/Voluntary-Education/>

Defense Activity for Non-Traditional Education Support (DANTES) – Voluntary education information related to attending college while still on active duty. www.dantes.mil

Goarmy.com – Provides access to Army's education benefits and specific programs such as Concurrent Admissions Program (CONAP), Spouse Education & Career Opportunities (SECO), College Level Examination Program (CLEP), and Accelerated Promotion. that can help bring your education goals within reach. <https://www.goarmy.com/benefits/while-you-serve/education-training.html>

United States Naval Community College (USNCC) – Official website of the United States Naval Community College. The USNCC was introduced to support enlisted Sailors and Marines with achieving professional certificates and associate degrees that enhance operational readiness and improve warfighting capabilities, while putting Sailors and Marines on a path to lifelong learning. With the addition of the US Coast Guard, Coast Guardsmen are also able to access the USNCC. <https://www.usncc.edu/s/>

American Job Centers (AJCs)

AJCs provide free help to job seekers for a variety of career and employment-related needs. Nearly 2,400 AJCs, funded by the U.S. Department of Labor's Employment and Training Administration, are located throughout the United States.

Find your nearest AJC using the Career One Stop locator:

<https://www.careeronestop.org/LocalHelp/AmericanJobCenters/american-job-centers.aspx>

You can also find links and contact information for your state's AJC under the VRG [State Workforce Agencies](#) topic heading.

Apprenticeships

Apprenticeship Information Sources

ApprenticeshipUSA – Discover apprenticeships across industries, how employers start programs, and how to become an apprentice, <https://www.apprenticeship.gov/>

- **Career Seekers** – <https://www.apprenticeship.gov/career-seekers>
- **Employers** – <https://www.apprenticeship.gov/employers/explore-apprenticeship>.

Army Career Skills Program (CSP) – affords transitioning service members the opportunity to participate in employment skills training, on-the-job training, pre-apprenticeships, and internships with a high probability of employment in high-demand and highly-skills jobs. <https://home.army.mil/imcom/index.php/customers/career-skills-program>.

DOL Employment and Training Administration – General information about apprenticeships and access to contact information for regional and local state apprenticeship agencies. <https://www.dol.gov/agencies/eta/apprenticeship>

DoD SkillBridge – Overview of program requirements and eligibility for military members and military spouses. <https://skillbridge.osd.mil/>


Stratus Consulting Group, Inc. – Helps military service members, spouses and partners make a successful transition back civilian life by offering DOD Skillbridge and pathways into Apprenticeship Programs as Specialized Pipefitters in the Fire Protection Industry, Fire Alarm Technicians, careers in mechanical and electrical construction, as well as industrial and energy infrastructure, and building services.


<https://stratusconsultinggroup.com/>

U.S. Department of Labor Employment and Training Administration – Link for apprenticeships: www.apprenticeship.gov/service-members-and-veterans


United Services Military Apprenticeship Program (USMAP) – <https://usmap.osd.mil/index.htm>


Apprenticeship Opportunities

CyberUp  – A 501c3 nonprofit created to cultivate the cybersecurity talent pipeline for today and tomorrow. They accomplish this through their nationally recognized LevelUp Apprenticeship Program and their PowerUp Youth Program. <https://wecyberup.org/>


Fastport Inc.  – DOL industry intermediary for the Transportation sector and a part of the Centers of Excellence to support apprenticeship opportunities.

- <https://www.fastport.com>
- <https://nationalapprenticeship.org/military>

Hamilton–Ryker / Talent Gro  – Offers an effective workforce development solution whose mission is to meet today’s hiring challenges through apprenticeship and employment opportunities. <https://talentgro.com/military/>


Helmets to Hardhats  – Helps military service members successfully transition back into civilian life by offering them the means to secure a quality career in the construction industry. <https://helmetstohardhats.org/>

North Atlantic States Carpenters Training Fund  – Delivers cutting–edge training and curriculum in state–of–the–art facilities to apprentice and journey–level carpenters to provide union and other trade contractors with highly skilled, productive carpenters who exemplify the drive for excellence. <https://www.nasctf.org/news/>

Safal Partners  – Intermediary that connects transitioning service members and their spouses to organizations with cyber and tech apprenticeship programs. cyber.safalpartners.com

SkillStorm Commercial Services LLC  – SkillStorm leverages DOL Registered Apprenticeships and technology certification training to custom build tech teams at scale for government and enterprises clients. www.skillstorm.com

Transition Overwatch  – Programs designed to launch military members into high–demand careers. <https://transitionoverwatch.com/>

Wireless Infrastructure Association (WIA)  – Through their Telecommunications Industry Registered Apprenticeship Program (TIRAP), WIA offers former military professionals a structured pathway to earn income while learning the skills to pursue a meaningful career in a fast–paced and growing industry. <https://tirap.wia.org/veterans>

Assessments

CareerScope® – <https://dol-vets.careerscope.net/assessment>

My Next Move O*NET Interest Profiler – www.mynextmove.org/explore/ip

Budgeting/Finances

Financial Planning for Transition – Transition Assistance Program online course. Choose the appropriate user type and complete the course registration to enter the course.

<https://www.tapevents.mil/courses/308>

Military Consumer – Official website of the joint initiative of the Federal Trade Commission, Department of Defense, and Consumer Financial Protection Bureau. Their goal is to empower active duty and retired servicemembers, military families, veterans and civilians in the military community. They offer free resources as the first line of defense against fraud and make better-informed decisions when managing your money.

<https://www.militaryconsumer.gov/>

MilSpouse Money Mission – Free Financial Education Resources.

<https://www.milspousemoneymission.org/>

LivingCost.org – Compare cost of living using a database with information on prices and cost of living in 9294 cities in 197 countries. Data is partly crowdsourced by users, plus aggregated from public sources such as rental websites, chain grocery stores, etc. Cost of living is calculated as a consumer cost basket of items needed to maintain a moderate lifestyle in a developed country. <https://livingcost.org/>

Yellow Ribbon Reintegration Program (YRRP) – DoD Online Courses: Learn at your own pace. <https://www.yellowribbon.mil/courses>

Career Counseling

DoD Spouse Education & Career Opportunities (MySECO) Program – Provides cost-free Career Counseling. <https://myseco.militaryonesource.mil/portal/contact-us>

DoD's Military Spouse Transition Program (MySTeP) – Provides online education and information for spouses throughout their service member's career.

<https://myseco.militaryonesource.mil/portal/mystep>

MilitaryOneSource – offers a wide range of individualized consultations, coaching and non-medical counseling for many aspects of military life. Help is available 24/7. As a member, you will be eligible to use this Department of Defense-funded program anytime, anywhere. <https://www.militaryonesource.mil/>


- **Course Catalog, MilLife Learning.** Create an account to take Finance courses such as Car Buying Basics or Consumer Credit.
<https://millifelearning.militaryonesource.mil/MOS/mcfp-prod/?p=332:8::::::>
- **Military Spouses Residency Relief Act (MSRRA)** – In 2009, the MSRRA amended the Servicemembers' Civil Relief Act (SCRA). MSRRA allows military spouses to maintain the same state of legal residency as the service member, provided the spouse had also lived in the state. A second amendment to the SCRA, called the Veterans Benefits and Transition Act of 2018, allows military spouses to claim their service member's state of legal residence as their own, if they choose to do so.
<https://www.militaryonesource.mil/financial-legal/legal/military-spouses-residency-relief-act/>

CareerOneStop

The flagship career, training, and job search website for the U.S. Department of Labor; sponsored by the U.S. Department of Labor and partner of the American job center network. Your source for career exploration, training & jobs; the website serves job seekers, businesses, students, and career advisors with a variety of free online tools, information, and resources. <https://www.careeronestop.org>


- Learn about careers. <https://www.careeronestop.org/ExploreCareers/Learn/learn-about-careers.aspx>
- Occupation Comparison. <https://www.careeronestop.org/ExploreCareers/Learn/compare-occupations.aspx>
- Skills Matcher. <https://www.careeronestop.org/Toolkit/Skills/skills-matcher.aspx>
- State and local tools. <https://www.careeronestop.org/Toolkit/StateAndLocal/state-and-local.aspx>

Career Research and Assistance

7 Eagle Group  – We bridge the gap between transitioning Service Members, Veterans, MilSpouses, and top companies offering lucrative and fulfilling career opportunities – both in-person and remote. Our Mission: To guide you in discovering your ideal career path, aligning with YOUR passions and interests. Whether you dream of working with pro sports teams, exploring the great outdoors, innovating in IT, or soaring in aerospace – we've got you covered! Join our free Talent Network today and launch an exciting post-military career! www.7Eagle.com

Bureau of Labor Statistics – Occupational Outlook Handbook. Provides occupation descriptions. www.bls.gov/ooh/

CareerOneStop – The flagship career, training, and job search website for the U.S. Department of Labor. CareerOneStop has many tools to aid you in your employment research. [See VRG entry for more on the tools offered at CareerOneStop.](#)

ClearanceJobs  – For job-seekers who are actively seeking a new job requiring security clearance, or just want to keep in contact with hiring managers. ClearanceJobs claims to be the largest security-cleared career network. Create a free profile, attend free career events, and get access to a community of cleared career resources. <https://www.clearancejobs.com>

ClearedJobs.Net – A veteran-owned career site and job fair company founded in 2001 for professionals seeking careers in the defense, intelligence and cyber security communities. <https://clearedjobs.net/>

Heroes MAKE America  – The Manufacturing Institute's Heroes MAKE America program is the premier military-to-manufacturing platform connecting world-class military talent with high-tech, in-demand industry careers. Their program includes comprehensive certification training programs, industry events, nationwide resume distribution and placement, and career support to prepare military-affiliated talent for their next career. <https://themanufacturinginstitute.org/veterans/heroes-make-america/>

HigherEdJobs – Source for jobs and career information in academia. Comprehensive list of jobs, news and career advice in academia. <https://www.higheredjobs.com/>

Hirevets.gov – Home of the HIRE Vets Medallion Program, the only federal-level veterans' employment award recognizing companies and organizations committed to veteran hiring, retention, and professional development. www.hirevets.gov

Military OneSource – Connects you to information on spouse employment help including webinars and online training. <https://www.militaryonesource.mil/>

My Next Move – Search careers with keywords, browse careers by industry or answer questions about the type of work you might enjoy. <https://www.mynextmove.org>

mySkills myFuture – (a proud partner of the AJC network) Find careers that match your skillset. <https://www.myskillsmyfuture.org/>


NAF Jobs – Part of the USAF HR system, this site offers Non-Appropriated Fund (NAF) jobs at base locations world-wide. Employment is considered federal employment. It is,

however, different from federal civil service employment because the monies used to pay the salaries of NAF employees come from a different source. <https://www.nafjobs.org/>

Navy MWR – Similar to NAF Jobs, described above, focusing on Morale, Welfare and Recreation (MWR) jobs. <https://www.navymwr.org/careers>


O*NET Online – Data on emerging careers; including descriptions, outlook, wages, and relevant in-demand technologies. <https://www.onetonline.org/>

- **What do you want to do for a living?** – <https://www.mynextmove.org/vets/>
- **List of hot technologies** (hot technologies are tech related requirements frequently included in employer job postings). www.onetonline.org/search/hot_tech/
- **O*NET Interest Profiler** – Use the online assessment to help find your interests and decide on careers you might want to explore.
<https://www.mynextmove.org/explore/ip>

RecruitMilitary  – Connects employers to military job seekers via services that include contingency recruiting, career fairs, a job board, employer branding, and a military-centric publication, *Search & Employ*® magazine. Founded in 1998 by a Marine Corps veteran, RecruitMilitary offers career services free of charge to the military community. <https://recruitmilitary.com/>

Shift.org – A veteran-founded company that connects current and former military members to hiring teams at top companies across tech, defense, and sports industries that are actively hiring for full-time roles and SkillBridge internships. <https://www.shift.org/talent-spotlight>

Society for Human Resource Management (SHRM) – Source of news and trends in human resource management. Membership required for full access. <https://www.shrm.org/pages/default.aspx>

Troops to Energy Jobs  – Initiative of Center for Energy Workforce Development, Troops to Energy Jobs provides veterans and their spouses with a roadmap for entry into highly skilled careers within the energy industry, an industry expected to hire 22 million people over the next ten years. It is a one stop shop for veterans to learn more about the industry, see how their Occupation Specialty aligns to energy jobs, translate skills with the help of a virtual career coach, and access the industry's job board. Veterans/spouses can also upload resumes and connect with energy employers. <https://getintoenergy.org/veterans/>

Troops for Teachers Program (TTT) – Helps service members and veterans become certified and employed as teachers in K–12 schools. With fewer teachers available, there is an urgent need for individuals with these skills to fill teaching positions.

<https://www.dantes.mil/ttt/>

USA.gov – U.S. government’s official web portal that organizes timely, needed government information and services, accessible anytime, anywhere, via your channel of choice. <https://www.usa.gov/>

USAJOBS – When applying for a job, check to see if there is an event relevant to you.

<https://www.usajobs.gov/Notification/Events>

U.S. Department of Agriculture (USDA) For veterans interested in living in rural America, the USDA wants to help you sustain and strengthen your communities. USDA’s [Discovery Tool](#) helps you identify which programs might be right for you.

To learn more, contact us at veterans@usda.gov or <https://www.usda.gov/our-agency/initiatives/veterans/veterans-and-entrepreneurship>.

Certification/Credentialing/Licensing

CareerOneStop – Identify available certifications by keyword or by occupation:

- **Certification Finder** – Search by Certification Name, Organization, Industry or Occupation using keyword or code. www.careeronestop.org/Toolkit/Training/find-certifications.aspx
- **License Finder** – Search by Occupation, License Name or Licensing Agency using keyword or code and location. www.careeronestop.org/Toolkit/Training/find-licenses.aspx
- **Find Training** – Search by Occupation, School, or Program using keyword or code and location. www.careeronestop.org/FindTraining/find-training.aspx

Credentialing Opportunities On–Line (COOL) – Use the **Military Occupations Explorer** found on the COOL page of each service branch to learn how military occupations are related to each other among the military branches, civilian occupations, and to civilian credentials.

- **Air Force COOL** – a pathway for enlisted Air Force members to earn industry recognized professional certifications, licenses to enhance their active–duty work, and to prepare them as they transition to the civilian job market. <https://afvec.us.af.mil/afvec/af-cool/how-cool-works>

- **Army COOL** – helps Army service members find information on certifications and licenses related to their military occupation and civilian careers.
<https://www.cool.osd.mil/army/index.htm>
- **Coast Guard COOL** – helps Coast Guard service members find information on certifications and licenses related to their military occupation and civilian careers.
<https://www.cool.osd.mil/uscg/>
- **DoD Civilian COOL** – helps DoD Civilian employees find information on certifications and licenses related to their job.
<https://www.cool.osd.mil/dciv/index.htm>
- **Marine Corps COOL** – helps Marine Corps service members find information on certifications and licenses related to their military occupation and civilian careers.
<https://www.cool.osd.mil/usmc/index.htm>
- **Military Spouse Interstate License Recognition Options** – Learn about specific laws and resources your new state offers to military spouses who work in licensed occupations. <https://www.dol.gov/agencies/vets/veterans/military-spouses/license-recognition>
- **Navy COOL** – helps Navy service members find information on certifications and licenses related to their military occupation and civilian careers.
<https://www.cool.osd.mil/usn/>

MilGears – Department of Defense customized career-building tool. Upload service history documents such as your Joint Service Transcript or Verification of Military Experience and Training to see how your credentials compare to civilian occupations and recommendations to fill gaps to enter an occupational field. <https://milgears.osd.mil/>

Consumer Protection/Fraud/Personal Security

***IMPORTANT:** There are many job opportunities and offers out there and many may sound too good to be true. Some offers are actually scams; you may be at risk of losing time, money, or your personal information. To prevent falling for a scam offer, remember the most important and guiding rule:*

TAKE YOUR TIME. DO YOUR RESEARCH. RESEARCH THE COMPANY OR BUSINESS OPPORTUNITY EXTENSIVELY BEFORE SIGNING OR ACCEPTING ANYTHING.

Better Business Bureau® – www.bbb.org

Consumer Financial Protection Bureau – www.consumerfinance.gov/complaint/

Direct Selling Association – A trade organization covering businesses involved in direct selling. Many legitimate direct sales companies are not members of the DSA, but its members follow a strict ethics code. <https://www.dsa.maxx.matrixdev.net/home>

Federal Trade Commission (FTC) – Review consumer advice articles on scams; online privacy and security; credit, loans, and debt, and much more. <https://consumer.ftc.gov/>

Glassdoor – Reviews of companies from past and present employees on this website. The company's entry will show their rating and the reviews they have received.

<https://glassdoor.com/index.htm>

Indeed – This website has company reviews and is a great way to find out more about companies, their salary ranges, and what kind of work environment they have.

<https://www.indeed.com>

Cost of Living Calculators

Bankrate.com – Helps you understand the disparities between two metro areas and can be used to help you determine or negotiate the salary you'll need in a particular city.

<https://www.bankrate.com/calculators/savings/moving-cost-of-living-calculator.aspx>


Expatistan – International cost-of-living comparisons. <https://www.expatistan.com/cost-of-living>

Numbeo.com – A crowd-sourced global database of quality-of-life data: housing indicators, perceived crime rates, healthcare quality, transport quality, and other statistics. <https://www.numbeo.com/cost-of-living/>


SmartAsset.com – Identifies the places where average living expenses are most affordable for the people living there. Calculations are based on purchasing power in each county using a weighted cost of living as a percentage of per capita income.

<https://smartasset.com/mortgage/cost-of-living-calculator>


Digital Job Matching


Indeed.com  – #1 job site in the world, with over 300M unique visitors every month. Free access to search for jobs, post resumes, and research companies.


<https://www.indeed.com/>


Purepost  – A veteran-owned talent platform that translates experiences into resume formatted profiles and automatically matches service members to private sector jobs.

<https://purepost.co/>

Recruit Military  – Service for veterans, transitioning military, and military spouses to connect with America’s top employers. <https://recruitmilitary.com/>

SkillMil  – Hiring platform for veterans designed to link you to job opportunities that enable you to leverage your unique military skills. Supported by an AI tool, Milly, which aims to streamline the transition to civilian employment through military skill translation, resume crafting, and precision job matching. <https://www.skillmil.com/>

Talents Ascend  – Uses an AI-Powered Talent Sourcing Platform algorithm that translates occupations into a skills profile to align skills needed in the civilian workforce. <https://theascendcollective.org/veteransascend/>

Vetlign  A veteran-targeted version of the Oplign job alignment tool for transitioning military, veterans, and companies that turns the job market into fully structured data so you can immediately understand how your military skills align with civilian jobs that you want. <http://vetlign.com/>


Education/Training

Air Force Virtual Education Center (AFVEC) – Air Force's premier site for information about educational benefits, offers a wide array of on-line services created to allow Air Force veterans to actively participate in all aspects of their education, including the creation and management of funding requests. <https://afvec.us.af.mil/afvec/public/welcome>

College Results (CR) – Interactive, user-friendly web tool designed to provide information for nearly every four-year university in the country. Learn about their admission rates, graduation rates, student demographics, and other critical student data. <https://collegeresults.org/>

College Scorecard – Search and compare colleges: their fields of study, costs, admissions, results, and more. <https://collegescorecard.ed.gov/>


Coursera –Partnering with more than 275 leading universities and companies, they bring job-relevant online learning to individuals and organizations worldwide. **NOTE:** Some degrees and projects have an associated fee. <https://www.coursera.org/>


Grow with Google  – Helps ensure that the opportunities created by technology are available to everyone. Through tools and training, they help people get the right skills to find jobs they want, advance their careers, and grow their businesses. They also have an initiative targeted specifically for veterans and their families.


- https://grow.google/expanding-opportunity/military-community/#?modal_active=none
- <https://grow.google/>

Khan Academy – Learners range from Pre-K through college. Khan Academy offers practice exercises, instructional videos, and a personalized learning dashboard including test preparation (SAT, Praxis, LSAT) content. <https://www.khanacademy.org/>

Massive Open Online Courses (MOOCs) – Free online courses available for anyone to enroll. MOOCs provide an affordable and flexible way to learn new skills, advance your career and deliver quality educational experiences at scale. <https://www.mooc.org/>

National Center for Housing Management  – National Center for Housing Management sees an opportunity not only to show veterans an oft-unseen career path in housing, but to help the industry as a whole by attracting candidates that are qualified, experienced, and bring attributes to their job that only a previous career in the military would cultivate. <https://www.veteransforhousing.org/>

National Institute of Innovation and Technology  – A 501(c)(3) charged with developing and executing the national strategy to build the nation’s talent pipeline for advanced manufacturing and tech-based industries, with a particular focus on the semiconductor sector and nanotechnology related industries. <https://www.niit.org/>

VetsinTech (ViT)  – supports veterans and military spouses with re-integration services by connecting them to the national technology ecosystem. ViT is committed to bringing together a tech-specific network, resources and programs for veterans interested in education, entrepreneurship and employment opportunities in tech. <https://academy.vetsintech.co/>

Accreditation

Accredited Schools Online – Produces content focused on school accreditation. Search for a school’s admission and completion rates and accreditation status. Covers colleges, universities, trade schools, online programs, basically any education source you might be considering. <https://www.accreditedschoolsonline.org/>

Council for Higher Education Accreditation (CHEA) and U.S. Department of Education – List of recognized accrediting organizations. <https://www.chea.org/search-institutions>

Database of Accredited Postsecondary Institutions and Programs (DAPIP) – Information educational institutions accreditation. <https://ope.ed.gov/dapip/#/home>

U.S. Department of Education – <https://www.ed.gov/>

Diploma Mills and Accreditation information –

<https://www2.ed.gov/students/prep/college/diplomamills/diploma-mills.html>

U.S. Department of Veterans Affairs – Find GI Bill approved schools and compare benefits with the GI Bill Comparison Tool and get more advice to help you choose a school.

- Web Automated Reference Material System (WEAMS) Institution Search.
<https://inquiry.vba.va.gov/weamspub/buildSearchInstitutionCriteria.do>
- Find GI Bill approved schools and access the GI Bill Comparison Tool:
<https://www.va.gov/education/choosing-a-school/>

Education Benefits

Guide to Colleges – www.careeronestop.org/FindTraining/Types/college.aspx

Education and training finder for veterans –

www.careeronestop.org/Veterans/BackToSchool/back-to-school.aspx

Military Tuition Assistance is not a loan, but a tuition expenses benefit for eligible military service members. Each service has its own criteria for eligibility, obligated service, application process' and restrictions for covering tuition expenses.

- **Air Force and Space Force.** Tuition Assistance Program,
<https://www.afpc.af.mil/Career-Management/Military-Tuition-Assistance-Program/>
- **Army.** MyArmyBenefits website, [https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Tuition-Assistance-\(TA\)](https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Tuition-Assistance-(TA))
- **Navy.** Tuition Assistance (TA) and Navy College Program for Afloat College Education (NCPACE), <https://www.navycollege.navy.mil/sailors/tuition-assistance-ncpace.htm>
- **Marine Corps.** Tuition Assistance (TA), <https://usmc-mccs.org/articles/how-do-i-apply-for-tuition-assistance/>
- **U.S. Coast Guard.** Tuition Assistance, <https://www.forcecom.uscg.mil/Our-Organization/FORCECOM-UNITS/ETQC/VOLUNTARY-EDUCATION/Tuition-Assistance/>
- **Yellow Ribbon Program** – can help you pay for higher out-of-state, private school, foreign school, or graduate school tuition and fees that the Post-9/11 GI Bill doesn't cover. Find eligibility information and if your school takes part in this program. www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/

Financial Aid and Scholarships

Federal Student Aid (FAFSA) – U.S. Department of Education steps to choosing a school.

<https://studentaid.gov/resources/prepare-for-college/students/choosing-schools>

- **FAFSA Tips for Success** – Featured category provides articles on financial aid, loan repayment, scams, and other tips on preparing for college or career school.

<https://studentaid.gov/articles/category/tips-for-success/>

Institute of Education Services National Center for Education Statistics (IES NCES) – college navigator, <https://nces.ed.gov/collegenavigator/>

My Career Advancement Account (MyCAA) – Scholarship Program.


<https://mycaa.militaryonesource.mil/>


TeachingDegree.org – Financial aid and scholarship options for service members, dependents, and veterans interesting in becoming teachers.

<https://www.teachingdegree.org/resources/financial-aid-for-veterans/>

Employment Networking Services

Corporate Gray – Founded in 1994 to connect veterans with employers nationwide. They do this via military-focused job fairs and other career transition services that are free to all job seekers. <https://www.corporategray.com/>

GI Jobs  – Connecting transitioning service members and veterans to career and business ownership opportunities, education, and transition assistance. <https://www.gijobs.com/>

LinkedIn  – Social media site that helps veterans connect with hiring managers, other veterans, future colleagues, jobs, learning opportunities, and many other things that could help create the next step of your professional journey.

- <http://www.linkedin.com/>
- https://socialimpact.linkedin.com/programs/veterans?utm_source=shortlink

Employment News Sources

Federal News Network – Military spouses should see more flexible job opportunities under new OPM hiring policy. <https://federalnewsnetwork.com/category/all-news/>

Federal Register – The Daily Journal of the United States Government. Source of information on the latest government activities, policies, executive orders. Find out the latest actions related to veteran's rights, benefits, and programs.

<https://www.federalregister.gov/>

Executive Order 14100 of June 9, 2023 – Advancing Economic Security for Military and Veteran Spouses, Military Caregivers, and Survivors.

<https://www.federalregister.gov/documents/2023/06/15/2023-12974/advancing-economic-security-for-military-and-veteran-spouses-military-caregivers-and-survivors>

MilitaryTimes – Hundreds of thousands of temporary job opportunities nationwide.

<https://www.militarytimes.com/>

Society for Human Resource Management HR News – <https://www.shrm.org/hr-today/news/hr-news/Pages/default.aspx>

Employment Rights and Laws

American with Disabilities Act (ADA), <https://www.ada.gov/>

Understanding Your Employment Rights Under the Americans with Disabilities Act (ADA): A Guide for Veterans, <https://www.eeoc.gov/laws/guidance/understanding-your-employment-rights-under-americans-disabilities-act-guide-veterans>

EBSA for ERISA – The Employee Benefits Security Administration (EBSA) is responsible for administering and enforcing the fiduciary, reporting and disclosure provisions of Title I of the Employee Retirement Income Security Act of 1974 (ERISA). The goal of Title I of ERISA is to protect the interests of participants and their beneficiaries in employee benefit plans and retirement plans. <https://www.dol.gov/agencies/ebsa/workers-and-families>

Fair Labor Standards Act (FLSA) – Wages and the Fair Labor Standards Act (FLSA). <https://www.dol.gov/agencies/whd/flsa>

Family Medical Leave Act (FMLA) – <https://www.dol.gov/agencies/whd/fmla>

Family and Medical Leave Act Employee Guide –

<https://www.dol.gov/sites/dolgov/files/WHD/legacy/files/employeeguide.pdf>

- Fact Sheet #28M (b): Military Caregiver Leave for a veteran under the Family and Medical Leave Act.

<https://www.dol.gov/sites/dolgov/files/WHD/legacy/files/whdfs28mb.pdf>

Job Accommodation Network (JAN) – <https://askjan.org/index.cfm>

- Accommodation and Compliance: Disability Disclosure. Useful guidelines for how to disclose a disability, <https://askjan.org/topics/Disability-Disclosure.cfm>

OPM – Policy, Data, Oversight: Pay & Leave, pay programs for Federal employees, including the General Schedule (GS), Law Enforcement Officer (LEO) Pay Schedules, and

the Federal Wage System (FWS). <https://www.opm.gov/policy-data-oversight/pay-leave/salaries-wages/>

Office of Federal Contract Compliance Programs – Section 503.

<https://www.dol.gov/agencies/ofccp/section-503>

Office of Disability Employment Policy (ODEP) – <https://www.dol.gov/agencies/odep>

- US DOL ODEP National Disability Employment Awareness Month (NDEAM). Video on NDEAM. <https://www.youtube.com/watch?v=BVG4YqVZaR8>

Office of Personnel Management (OPM) – <https://www.opm.gov/>

- OPM Policy, Data, Oversight, Fact Sheet: Disabled Veteran Leave. <https://www.opm.gov/policy-data-oversight/pay-leave/leave-administration/fact-sheets/disabled-veteran-leave/>

U.S. Department of Health & Human Services (HHS) – Health Insurance Portability and Accountability Act (HIPAA). <https://www.hhs.gov/hipaa/index.html>

U.S. Department of Labor – <https://www.dol.gov/>

- Veterans Employment and Training Services (DOL VETS). <https://www.dol.gov/agencies/vets>
- VETS Regional offices. <https://www.dol.gov/agencies/vets/about/regionaloffices>
- Wage and Hour Division (WHD). <https://www.dol.gov/agencies/whd>

U.S. Equal Employment Opportunity Commission (EEOC) – <https://www.eeoc.gov>

- Equal Employment Opportunity Commission, employees’ rights and responsibilities. <https://www.eeoc.gov/laws/guidance/veterans-and-americans-disabilities-act-guide-employers>. Locate “*Employees & Applicants*” at the bottom of the page.

EEOC Factsheets Discrimination in the Workplace

- Age Discrimination – <https://www.eeoc.gov/laws/guidance/fact-sheet-age-discrimination>
- Disability Discrimination – <https://www.eeoc.gov/laws/guidance/fact-sheet-disability-discrimination>
- National Origin Discrimination – <https://www.eeoc.gov/laws/guidance/fact-sheet-national-origin-discrimination>
- Religious Discrimination – <https://www.eeoc.gov/laws/guidance/fact-sheet-religious-discrimination>

Uniformed Services Employment and Reemployment Rights Act of 1994 (USERRA) – For much more information on USERRA, visit the following website:

<https://www.dol.gov/agencies/vets/programs/userra>

Veterans Employment and Training Services (DOL VETS) –

<https://www.dol.gov/agencies/vets> and <https://dol.gov/agencies/vets/veterans/>

Vietnam Era Veterans' Readjustment Assistance Act of 1974 (VEVRAA),

- <https://www.dol.gov/agencies/ofccp/vevraa>
- https://www.dol.gov/sites/dolgov/files/ofccp/regs/compliance/factsheets/FACT_Veterans_Sept16_ENGESQA508c.pdf
- <https://www.dol.gov/agencies/vets/programs/vets4212>

Entrepreneurship

The Rosie Network – Veteran and Military Spouse Entrepreneur program. The Rosie Network is a non-profit organization supporting veteran and military-spouse entrepreneurial endeavors with training, mentoring, and marketing support.

<https://www.therosienetwork.org/>

Federal Employment

FedsHireVets – Your single site for Federal employment information for veterans, transitioning service members, their families, and Federal hiring officials. This OPM site will be your most valuable resource for learning about special hiring authorities and overall federal employment for veterans: <https://www.opm.gov/fedshirevets/>.

Office of Personnel Management (OPM) – <https://www.opm.gov/job-seekers/>

VETS TAP – The Veterans Employment Transition Assistance Program offers workshops to help you find and secure federal employment. These workshops are part of the Off-Base Transition Training and Transition & Employment Assistance for Military Spouses curriculum offerings available to you.

- **OBTT Federal Hiring Workshops** – Sign up for a workshop: <https://www.signupgenius.com/go/virtual-multi-signup#/>
- **TEAMS Federal Hiring Workshop** – <https://www.dol.gov/agencies/vets/programs/tap/teams-workshops>

USAJobs – <https://help.usajobs.gov/working-in-government>

- **Veterans Preference** – <https://help.usajobs.gov/working-in-government/unique-hiring-paths/veterans>

Freelance Jobs

The Balance – Listing of best websites for freelance jobs.

<https://www.thebalancecareers.com/best-websites-for-freelance-jobs-2060772>

Flex Jobs – Use website to find vetted remote, work from home, and flexible job opportunities. <https://www.flexjobs.com/guide-freelance-gig-job-platforms/all>

Freelance Writing Jobs – FWJ focuses on providing daily job lists to freelance writers. Website has discussion and question sections. Job board searches are free.

<https://freelancewritingjobs.com/>

Freelancer. Website claims they are the World's largest freelancing and crowdsourcing marketplace. Connect over 58,601,464 employers and freelancers globally from over 247 countries, regions, and territories. Select “I want to Work” and browse jobs – bid on interested jobs. **NOTE:** Free for job seekers. Freelance candidates bid on jobs.

Membership and other services have associated fees. <https://www.freelancer.com/>

Gig/Sharing Economy Jobs

The Balance – List of the best sites to find gig jobs.

<https://www.thebalancesmb.com/best-sites-to-find-gig-jobs-4150364>

Statista – Facts, statistics, forecasts, and studies on the U.S. Gig economy and more.

- <https://www.statista.com/>
- <https://www.statista.com/topics/4891/gig-economy-in-the-us/>

U.S. Bureau of Labor Statistics – Working in a gig economy. Career Outlook.

<https://www.bls.gov/careeroutlook/2016/article/what-is-the-gig-economy.htm>

Zety – Career site. Gig economy definition, statistics & trends (2022 Update).

- <https://zety.com/>
- <https://zety.com/blog/gig-economy-statistics>
- Yearly analysis summary of the most-used sections, keywords, and skills extracted and analyzed data from 133,000+ resumes created on Zety. *Resume Statistics 2022 (Analysis of 133,000 Documents)*. <https://zety.com/blog/resume-statistics>

Home-Based Business

Small Business Administration (SBA) – Dedicated to small business and provides counseling, capital, and contracting expertise as the nation’s only go-to resource and voice for small businesses. sba.gov

- Boots to Business Program – <https://sbavets.force.com/s/>
- Office of Veterans Business Development – [Office of Veterans Business Development | U.S. Small Business Administration \(sba.gov\)](https://www.sba.gov/offices/headquarters/ovbd/resources)
- <https://www.sba.gov/offices/headquarters/ovbd/resources>
- SBA Learning Platform – <https://www.sba.gov/sba-learning-platform>
- SBA Veterans' Advantage Program – <https://www.sba7a.loans/sba-7a-loans-small-business-blog/sba-veterans-advantage-program>

Homelessness

Homeless Veterans' Reintegration Program (HVRP) helps veterans experiencing homelessness gain meaningful employment via services that include job placement, career counseling, workshops, and resume writing assistance: www.nvtac.org/grantees

National Coalition for Homeless Veterans' – List of community-based organizations. www.nchv.org/index.php/help/help/locate_organization

National Community Action Partnership – Click on the Find Your CAA link at the top of the page, then click on Community. <https://communityactionpartnership.com>

State and County Veterans Affairs (VA) Offices – va.gov/

U.S. Department of Health and Human Services (HHS) Resources – <https://www.hhs.gov/programs/social-services/homelessness/index.html>

U.S. Department of Housing and Urban Development (HUD) Exchange – Resources for homeless veterans and homeless veteran service providers. www.hudexchange.info/veterans/

United Way's search page – Help starts here. 211 connects you to expert, caring help. Every call is completely confidential. www.211.org

VA Crisis Line – **800-273-8255, PRESS 1.**

Independent Contractor References

ApolloTechnical.com – 11 Reasons Why You Should Take a Contract Job. <https://www.apollotechnical.com/why-you-should-take-a-contract-job/>

Army Office of Small Business Programs – Guide to doing business with the Army is an effort to increase the number of small businesses capable of supporting the Army mission, thereby strengthening this industrial base. <https://www.army.mil/osbp>

BusinessNewsDaily.com – What You Need to Know About Contractors vs. Employees.

<https://www.businessnewsdaily.com/770-contract-vs-employees-what-you-need-to-know.html>

ehealthinsurance.com – Contract Employees vs. Full-time Workers.

<https://www.ehealthinsurance.com/resources/small-business/contract-employees-vs-full-time-workers>

Indeed.com – What is a Contract Employee? <https://www.indeed.com/career-advice/finding-a-job/contract-employee>

Internal Revenue Service (IRS) – Independent Contractor (Self-Employed) or Employee?

<https://www.irs.gov/businesses/small-businesses-self-employed/independent-contractor-self-employed-or-employee>

U.S. Chamber of Commerce – What Is a Contract Worker?

<https://www.uschamber.com/co/run/human-resources/what-is-a-contract-worker>

ZipRecruiter.com – a popular source of contract opportunities among contractors.

<https://www.ziprecruiter.com/>

Internships

AmeriCorps – Program descriptions and application for national community service opportunities. www.nationalservice.gov/programs/ Americorps

Presidential Management Fellows (PMF) – Program for individuals who have received a qualifying advanced degree within the preceding two years. For complete program information: www.pmf.gov/

U.S. Chamber of Commerce Internship Program – www.uschamber.com/about-us/careers/internship-opportunities

USAJOBS Pathways – Federal government internships.

www.usajobs.gov/StudentsAndGrads

Pathways at VA – <https://www.va.gov/employee/pathways-va/>

Interview Preparation

Candorful – Provides face-to-face JOB INTERVIEW PRACTICE with LIVE COACHES from industry via videoconferencing. Build your networking confidence by mastering the art of job interview discussions. Sign up at <https://candorful.org> >Get Started tab at the top >Military Connected Community >Get Started Button >Schedule 1 intake meeting.

<https://candorful.org>

CareerOneStop – <https://www.careeronestop.org/JobSearch/Interview/interview-tips.aspx>

Indeed – Career guides and interview preparation.

- <https://www.indeed.com/career-advice/interviewing>
- <https://www.indeed.com/career-advice/interviewing/interview-questions-for-managers>

LinkedIn – <https://www.linkedin.com/interview-prep>

Save A Suit – A 501(c)(3) nonprofit organization that provides veterans and transitioning service members with business suits, professional attire, and other clothing resources they need to achieve job security. <https://www.saveasuit.org/>

Job Boards/Job Search Engines

CareerBuilder® – Provides tools and opportunities to let everybody find meaning and value in their work, no matter their skill, background, or starting point.

<https://hiring.careerbuilder.com/>


CareerOneStop – a great resource for career exploration, training, and jobs.

www.careeronestop.org/JobSearch/job-search.aspx

JobPaths.com – Far more than a typical job board; they are a tech company designed to address issues facing veteran recruitment and retention. JobPaths has developed powerful, intelligently designed resources to help veterans succeed in their job search efforts. <https://jobpaths.com/>

Military.com – Free veteran jobs board, find jobs with military-friendly companies, build and post your civilian resume and network with veterans.

National Labor Exchange (NLX) Database of job openings in public, private, and nonprofit sector organizations, including HVMP employer jobs. <https://veterans.usnlx.com>

Orion Talent  – Finds civilian careers for Officers, NCOs, Navy Nuclear Techs, Enlisted Technicians, and Combat Arms Personnel, as well as already transitioned veterans seeking a career change. <https://www.orientalent.com/military-job-seekers/search-civilian-jobs/>

Stars and Stripes Veteran Job Center – News media inside the Department of Defense that reports independently, free of censorship and control. Free Job Board for veterans.

<https://veteranjobs.stripes.com/>

Virtual Job Search – <https://virtualjobs.usnlx.com/>

U.S. Department of Labor Veteran's Portal – Veterans' Employment and Training Service. Select the *Find a Job* link to find jobs. <https://www.dol.gov/agencies/vets>

USAJOBS – Find your fit in the federal government. www.usajobs.gov/

ZipRecruiter® – Connects millions of job seekers with companies of all sizes. <https://www.ziprecruiter.com/>

Medical Professionals

Health eCareers – Brings together physicians/surgeons, nurses, NPs, PAs and CRNAs with jobs in every medical specialty. Supports qualified healthcare providers in finding opportunities with employers looking for top talent. **NOTE:** Fees associated with Premium Service subscription. <https://www.healthcareers.com/>

Technology Jobs


CrunchBoard/TechCrunch – Official job board of TechCrunch (operates under Yahoo Terms of Service), leveraging an engaged audience of over 12 million readers each month to help you get your job vacancies filled. Jobs posted on CrunchBoard are also visible on the TechCrunch network including the website, daily newsletters, and social channels.

NOTE: Yahoo reserves the right to charge fees – notice will be provided.

<https://www.crunchboard.com/>

Dice® – Serves information technology and engineering professionals, as well as contract and permanent engineering staffing firms. Owned by DHI Group, Inc. Typically has approximately 80,000 tech job listings. **NOTE:** Free for job seekers. Other services have associated fees. <https://www.dice.com/>

Trade Skills


Hiring Our Heroes (HOH)  – Part of the U.S. Chamber of Commerce Foundation's vast network of state and local chambers and strategic partners from the public, private, and nonprofit sectors to bridge the civilian-military divide within the business community. Since March 2011, the HOH Program claims that more than half a million veterans and military spouses have found employment. **NOTE:** Free for job seekers.

<https://www.hiringourheroes.org/>

- **Military Spouse & Caregiver Fellowship Program (MSFP)** – Professional development and direct connection to local employers offered through the program enable military spouses to quickly build their networks and gain localized job experience. <https://www.hiringourheroes.org/career-services/fellowships/internships/msfp/>

- **Caregiver Fellowships** – Internship program offering professional development and direct connection to local employers offered through the program enable military spouses to quickly build their networks and gain localized job experience.

<https://www.hiringourheroes.org/career-services/fellowships/internships/caregivers/>

MilitaryHire  – Developed and maintained by military veterans and corporate hiring authorities. Job seekers can register, upload their resume, search for jobs, and apply to jobs. “Having a publicly viewable resume on MilitaryHire is required to ensure you can be found by our employers.” **NOTE:** Free for job seekers. <https://www.militaryhire.com/>

Traded Up – Leading job board for skilled trades – “Jobs for the builders, the bakers, the tool & die makers”. Job categories are specific to skilled trades: skilled industrial trades (e.g., boilermakers), skilled construction trades (e.g., carpenters), and skilled service trades (e.g., emergency medical technicians). **NOTE:** Free for job seekers. May require completion of form to apply for positions. <https://tradedup.com/>

VirtForce – Remote jobs for the Military Community. Created by Military Spouse, Kimber Hill, for Military Spouses to find mobile remote careers. Talent community of 60k candidates, free career readiness training, and connections to vetted military friendly employers. **NOTE:** Must create an account. Free for job seekers. <https://virtforce.us/>

Remote or Virtual Employment

ClearanceJobs® – Security clearance specific work. Founded in 2002. Website claims they are the largest career network for professionals with federal government security clearance. Search and apply for 60,660 security clearance jobs from 1,998 pre-screened hiring companies. Offers instant messaging, salary calculator, and security clearance FAQs. **NOTE:** Membership required to join, but free. <https://www.clearancejobs.com/>

Flex Jobs – Website says they are #1 job site to find vetted remote, work from home, and flexible job opportunities since 2007. Currently listing over 30,000 jobs from over 5,000 companies. **NOTE:** Free for job seekers to view condensed version of job. Requires paid membership account to access full listing and apply for jobs. Additional services may have fees, e.g., one 30-minute call with a career coach is \$89.00.

<https://www.flexjobs.com/>


Freelancer – Claims they are the World's largest freelancing and crowdsourcing marketplace. Connect over 58,601,464 employers and freelancers globally from over 247 countries, regions, and territories. Select “I want to Work” and browse jobs – bid on

interested jobs. **NOTE:** Free for job seekers. Freelance candidates bid on jobs.


Membership and other services have associated fees. <https://www.freelancer.com/>


National Labor Exchange (NLx) – Database of job openings in public, private, and nonprofit sector organizations, including HVMP employer jobs. **NOTE:** Free for job seekers. <https://virtualjobs.usnlx.com/>

Job Fairs / Hiring Events


G.I. Jobs  – Veteran-friendly employment intel source. Search employment, education, franchising, industry trends content and more. <https://www.gijobs.com/>


Military.com Upcoming Job Fairs – <https://www.military.com/veteran-jobs/career-advice/upcoming-job-fairs>


Military Officers Association of America (MOAA)  – Open to all active duty, National Guard, Reserve, retired, former officers, and their families. <https://www.moaa.org>


US Chamber of Commerce Foundation – Hiring Our Heroes  – Connects the military community – service members, military spouses, caregivers, and veterans – with American businesses to create economic opportunity and a strong and diversified workforce. <https://www.hiringourheroes.org/>

Mentorship Services

American Corporate Partners (ACP)  – Offers a year-long, one-on-one mentorships This free program connects post-9/11 veterans, active-duty spouses, and eligible military spouses with career professionals that are hand matched by career interest. <https://www.acp-usa.org/>


Operation Military Family  – Service members and their families make a personal introduction to someone in their field of interest so they can explore “next steps.” <https://operationmilitaryfamily.com/>

Still Serving Veterans  – No-cost career and transition counseling services. Career Services offered nationally, VA and resource connections available in North AL only. <https://ssv.org/>


Troops2Logistics  – Provides mentorship, personal branding, education and job sourcing services to those veterans, guard, reservist, and military spouses interested in a career in logistics. <https://troops2logistics.org/>

Veterati – Innovative mentorship platform connecting jobseekers to mentors. Their stated goal is to transform job searches from a painful experience into an inspiring journey. Delivers free, on-demand mentoring to the entire military community.

<https://www.veterati.com/>

VETS-Beyond the Uniform  – A coaching, mentoring, and training program developed by military veterans with the specific mission of providing veterans with the additional skills needed to make a successful journey from the military service into the civilian workforce and working to reduce the number of unemployed veterans.

www.vetsbeyondtheuniform.com

VIPER Transitions  – Connects transitioning service members, veterans, and their spouses with careers in construction, energy, aviation, and more!

<https://www.vipertransitions.org/blank-page-1>

Labor Market Information (LMI)

Bureau of Labor Statistics – Site for comprehensive and up to date LMI; provides deep dive into current economic situation in the United States. www.bls.gov/

- Employment Projections – <https://www.bls.gov/emp/>
- Resources for jobseekers – www.bls.gov/audience/jobseekers.htm
- Wage data, Occupational Employment Statistics – <https://www.bls.gov/oes/>
- Earning and unemployment rates by educational level. Does not consider completion of training programs in the form of apprenticeships and other on-the-job training. <https://www.bls.gov/emp/chart-unemployment-earnings-education.htm>
- Bureau of Labor Statistics (BLS) YouTube Video – Use data from BLS to learn about wages where you live and work. *Learn about Wages in Occupations Where You Live and Work*. 1:36 minutes.
<https://www.youtube.com/watch?v=Dk5pLWgWDnM&t=84s>

O*Net – The nation's primary source of occupational information. [Go to VRG entry for O*NET.](#)

Projections Central – State employment projections. <https://www.projectionscentral.com/>

Legal


State Attorneys General – Through USA.gov, find your states Attorney General's (AG) office, the top legal officer in your state or territory. <https://www.usa.gov/state-attorney-general>

Military Spouse Job Search

Candorful – Provides face-to-face JOB INTERVIEW PRACTICE with LIVE COACHES from industry via videoconferencing. Build your networking confidence by mastering the art of job interview discussions. Sign up at <https://candorful.org> >Get Started tab at the top >Military Connected Community >Get Started Button >Schedule 1 intake meeting.

Family Member Employment Assistance Program – U.S. Marine Corps site providing resources and services to support military spouses' and dependent family members' employment related needs. <https://usmc-mccs.org/marine-family-support/military-family-life/family-member-employment-assistance-program>

Fleet And Family Support Program (FFSP) – U.S. Navy site provides information on many topics relevant to military families. Includes information on job search, networking, and links to other programs offering corporate partnerships focusing on military spouses seeking employment. <https://ffr.cnic.navy.mil/Family-Readiness/Fleet-And-Family-Support-Program/>

Military Spouse Jobs  – a private-sector nonprofit organization that provides no-cost career exploration, employment readiness, job placement, and ongoing career development services to military spouses, dependents of working age, and caregivers to wounded veterans. www.militaryspousejobs.org

Military Spouse Employment Partnership – The Department of Defense Military Spouse Employment Partnership (MSEP) connects military spouses with hundreds of partner employers who have committed to recruit, hire, promote and retain military spouses. <https://msejobs.militaryonesource.mil/msep/>

MySECO – Military spouse education and career opportunities. <https://myseco.militaryonesource.mil/portal/>

Transition Employment Assistance for Military Spouses and Caregivers (TEAMS)

TEAMS is a series of Department of Labor (DOL) employment workshops extending the Transition Assistance Program (TAP) to assist military spouses and caregivers as they plan

and prepare for their job search in pursuit of employment goals.

<https://www.dol.gov/agencies/vets/programs/tap/teams-workshops>

- All workshops are instructor-led training, provided at a variety of times, to meet the needs of individuals stationed throughout the world.
- TEAMS workshops are stand-alone training modules. You can take all the workshops or just a few. They can be taken in any order fitting your availability and schedule. <https://www.dol.gov/TEAMSworkshops>

U.S. Department of Labor – Employment Resources for Military Spouses

<https://www.dol.gov/agencies/vets/veterans/military-spouses/employment>

U.S. DOL Military Spouse portal – Select link to find jobs.

<https://www.dol.gov/agencies/vets/veterans/military-spouses>

Military-to-Civilian Terminology Translation

CareerOneStop – Translating military terms.

<https://www.careeronestop.org/Veterans/JobSearch/ResumesAndApplications/translating-military-terms.aspx>

Indeed.com – Military to Civilian Title Translations to Improve Your Resume.

<https://www.indeed.com/career-advice/resumes-cover-letters/military-to-civilian-job-title-translations>

Military.com – From Military to Civilian: Resume Translation.

- <https://www.military.com/veteran-jobs/career-advice/translating-military-skills-into-resume.html>
- <https://www.military.com/veteran-jobs/skills-translator>

Google Powers Newest Military Skills Translation Tool –

<https://www.shrm.org/resourcesandtools/hr-topics/talent-acquisition/pages/google-powers-military-skills-translation-hiring-veterans.aspx>

National Labor Exchange (NLx)


Established in 2007, **NLx** represents a unique, public-private partnership between DirectEmployers (DE) and the National Association of State Workforce Agencies (NASWA). This powerful tool also connects state and federal agencies, nonprofit and Veteran organizations, as well as disability and diversity partners to assist employers with recruitment goals. The database of job openings covers public, private, and nonprofit sector organizations, including HVMP employer jobs. <https://usnlx.com/>

- Free for job seekers.
- DOL supported site.
- NLx for virtual jobs – <https://virtualjobs.usnlx.com/>
- Results can be filtered to display HIRE Vets Medallion winner employers.


oDeskwork® – Source for freelance work. <https://odeskwork.com/projects/>

VirtForce – Remote jobs for the military community. Created by a military spouse, Kimber Hill, for military spouses to find mobile remote careers. Provides community of 60k candidates free career readiness training and connections to vetted military friendly employers. **NOTE:** Must create an account. Free for job seekers. <https://virtforce.us/>


Networking

Hire Heroes USA  – Free job search assistance to military members, veterans, and their spouses, and help companies connect with opportunities to hire them.

<https://www.hireheroesusa.org/>

Hire Military  – Helping transitioning service members, Veterans, and Military Spouses find meaningful employment by bringing employers and the Military Community together.


<https://www.hiremilitary.us/s/>

Hiring Our Heroes Programs for Military Spouses  – Various programs from the U.S. Chamber of Commerce Foundation for spouses to include networking opportunities, professional workshops, hiring events, and mentoring and fellowship programs.

<https://www.hiringourheroes.org/military-spouses/>

Military Talent Group – 100% military-connected team. **NOTE:** Free Networking Platform. Sign up for Veteran-Ready Meet Ups (informal virtual events to connect with Veteran-Ready employers) or join the Veteran Talent Community (learn about employers and career opportunities). <https://www.militarytalentgroup.com/>

My Vital Few – A no cost, web-based application that works with LinkedIn to manage and automate a networking campaign when searching for a job. <https://myvitalfew.com/>

Women Veterans Alliance  – Network dedicated to helping women navigate their post-military lives. <https://www.womenveteransalliance.com/>

O*NET

The nation's primary source of occupational information. Valid data are essential to understanding the rapidly changing nature of work and how it impacts the workforce and

U.S. economy. From this information, applications are developed to facilitate the development and maintenance of a skilled workforce.

- **O*NET Bright Outlook occupations** – <https://www.onetonline.org/find/bright>
- **O*NET Online** – <https://www.onetonline.org/>
- **O*NET Occupations Combined List** – For use with O*NET Interest Profiler and O*NET Work Importance Locator instruments' results.
https://www.onetcenter.org/dl_tools/WIL_zips/CL-deskp.pdf
- **O*NET Work Importance Locator** – Self-administered and self-interpreted career assessment exploration tool. It helps identify occupations that you may find satisfying based on the similarity between your work values (such as achievement, independence, and conditions of work) and the characteristics of the occupations.
NOTE: On June 3, 2024, the O*NET Work Importance Locator career exploration tool will be retired. The materials found at the link below were previously distributed to support Work Importance Locator administration, scoring, and training. https://www.onetcenter.org/reports/WIL_Archive.html

Overseas Employment Resources

***IMPORTANT:** There are many legal, tax, and security-related issues to address when considering working outside of the United States. The resources provided here, while potentially useful and valuable, should not be considered definitive in all cases.*

It is recommended that you carefully consider each resource and consult with the appropriate U.S. and International authorities.

CareerCross – Search for bilingual jobs. Provides information on bilingual work in Japan for bilingual Japanese and English speakers, plus resources for non-Japanese living and working in Japan. Registration required. <https://www.careercross.com/en/>

Department of Labor – Government of Guam – <https://dol.guam.gov/>

EasyExpat.com – Information for expatriates, Guides with information on international removal, visa, passport, jobs, insurance for expatriates, schools, etc.
<https://www.easyexpat.com/en/index.htm>

Expat.com – Community site claiming to be the largest expat help and support network. Guides, blogs, information on jobs, businesses, housing at locations all around the world.
<https://www.expats.com/>

Expats Exchange – Expats, digital nomads and retirees share their knowledge by completing expat reports about their international experiences on topics such as moving, living, having a baby, healthcare, retiring, culture shock, working and more. Members interact through Country Forums. <https://www.expatexchange.com/>

GaijinPot – The number one job board for foreigners in Japan. Considered an essential guide for those who want to live, work, and travel in Japan. <https://gaijinpot.com/>

GoAbroad.com – Tailored to link prospective travelers or those looking to relocate with organizations providing international opportunities. Job board and additional non-employment specific info can also be found here. <https://www.goabroad.com/>

GoinGlobal – Users can explore hiring opportunities with public and private organizations of all sizes and specialties, including NGO's and development agencies. <https://www.goinglobal.com/jobs>

Guam Jobs Online – <https://guamjobsonline.com/>

JobsEurope.net – Employment-related news for countries in the EU. <https://jobseurope.net/>

Idealist – Social-impact job board listing opportunities spanning a variety of nonprofits, social-impact businesses, and corporate social responsibility (CSR) initiatives. <https://www.idealist.org/en>

Kompass – Good for business and company research. Covers companies all over the world. <https://us.kompass.com/>

The Local – English language news and essential information about life in nine European countries. <https://www.thelocal.com/>

The Military Wallet – providing information aimed at helping the military community manage money.

- Pros and cons of overseas retirement for military veterans: <https://themilitarywallet.com/military-veteran-overseas-retirement/>
- Involuntary separation pay: <https://themilitarywallet.com/involuntary-separation-pay/>

Monster.com – Search and apply for jobs around the world. <https://www.monster.com/>

MyArmyBenefits – Permanent Change of Station (PCS) OCONUS. [https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Permanent-Change-of-Station-\(PCS\)-OCONUS?serv=126](https://myarmybenefits.us.army.mil/Benefit-Library/Federal-Benefits/Permanent-Change-of-Station-(PCS)-OCONUS?serv=126)

MyNavyHR – Policy and procedures for military personnel desiring to take leave in a foreign country.

<https://www.mynavyhr.navy.mil/Portals/55/Reference/MILPERSMAN/1000/1000General/1050-250.pdf?ver=INHYz2JrZt8cOR6ivP4txw%3d%3d>

OverseasJobs.com – Features overseas jobs and international employment opportunities. Search for international and overseas jobs worldwide. <https://www.overseasjobs.com/>

Transitions Abroad – Guidance on moving, living, and working, overseas.

<https://www.transitionsabroad.com/listings/living/index.shtml>

U.S. Department of State – Retirement abroad requires careful planning. Here are some important steps to take before you retire abroad.

- <https://state.gov>
- <https://travel.state.gov/content/travel/en/international-travel/while-abroad/retirement-abroad.html>


Veterans Administration – Information for veterans living overseas.

<https://www.benefits.va.gov/persona/veteran-abroad.asp>


Veteran.com – non-governmental site providing information on military and veteran benefits as well as military pay, retirement, health benefits, and everyday military discounts. Good article for veterans separating from the service overseas:

<https://veteran.com/retiring-separating-overseas-military/>


Placement Services

Aston Carter, Inc.  – Through their Military Veteran and Resource Program, equips military personnel and their families with the necessary tools, guidance, and support to navigate the civilian job market, while ensuring your unique skills and experiences are recognized and effectively matched with relevant civilian job roles. Through collaboration with selected organizations and government agencies, they connect you to opportunities and resources that help you thrive in your chosen careers.


<https://www.astoncarter.com/en>


Military Spouse Jobs  – Military and veteran spouse placement services ensuring job seekers connect with the career opportunities they deserve.


<https://militaryspousejobs.org>


National Center for Housing Management  – Shows veterans an oft-unseen career path in housing, to help the industry as a whole by attracting candidates that are qualified,


experienced, and bring attributes to their job that only a previous career in the military cultivates. <https://www.veteransforhousing.org/>

Next Op  – Placement Services that match work-ready individuals to employers that are passionate about hiring military members. <https://nextopvets.org/>

SkillMil  – Innovative hiring platform that bridges veterans to highly skilled job opportunities by leveraging their unique military skills. Supported by an AI tool, Milly, which streamlines the transition to civilian employment through military skill translation, resume crafting, and precision job matching. <https://www.skillmil.com/skillbridgejobs>

Southeastern New England Defense Industry Alliance, DBA SENEDIA  – Defense Partnership Program working to connect transitioning service members, veterans, and dependents with member companies for career opportunities within New England’s defense sector. Prepares candidates with resume help and interview prep, supports skills building and talent development with nationally recognized industry certificates, and connects candidates to employers for in-demand jobs in IT/cybersecurity, engineering, supply chain management, technology, and business support fields. <https://senedia.org/internships/>

Vector Force Development  – Tailored to provide ancillary construction and workforce services across the country. Primarily serving energy and utilities industries. <https://www.vectorforcedevelopment.com/>

VetJobs  – Digital matching, employment mentorship, employment networking, referrals to employment opportunities, training services. <https://vetjobs.org/jobs-for-veterans>

Resume Scanners

***IMPORTANT:** There are costs associated with most resume scanning services once the free use conditions are met. Make sure you know when the “free use” period ends and/or how many “free scans” you are allowed to avoid potential charges.*

JobScan – Helps you optimize your resume for any job, highlighting the key experience and skills recruiters need to see. <https://www.jobscan.co/>

Resume Worded – AI-powered platform gives you tailored feedback on your resume and LinkedIn profile. www.ResumeWorded.com

ResyMatch – Helps you optimize your resume with the right ATS keywords, formatting, and best practices. <https://cultivatedculture.com/resume-scanner/>

Skillsyncer – A free resume keyword scanner and job application tracker that identifies skills and keywords missing from your resume when compared to a job description. Offers 1 year of free use to veterans and their spouses when you sign up with an .edu or .mil email address. Veterans and spouses who do not have .edu or .mil email addresses can email military@skillsyncer.com. <https://skillsyncer.com/>

Salary Research

Calculator.net – <https://www.calculator.net/salary-calculator.html>

Glassdoor.com – <https://www.glassdoor.com/Salaries/know-your-worth.htm>

Salary.com – <https://www.salary.com/>

Salary Expert – <https://www.salaryexpert.com/>

SmartAsset – <https://smartasset.com/taxes/paycheck-calculator>

Social Media

Facebook – Stay connected with friends, family, and community. www.facebook.com

Instagram – Social media site where you can display your talents and follow companies for social networking. <https://www.instagram.com>

LinkedIn – Build and engage with a professional network. Access knowledge, insights, and opportunities. www.linkedin.com

- **Tutorials on how to use LinkedIn** and other social media platforms, <https://www.linkedin.com/learning/>
- **LinkedIn Premium upgrade** for military information. www.linkedin.com/military
- **LinkedIn Help** topics and tutorials topics. <https://www.linkedin.com/help/linkedin>
- **For military spouses**, the one-year Premium subscription upgrade is applicable for each permanent change of station (PCS) move, career change or job loss. <https://socialimpact.linkedin.com/programs/veterans/milspouses>
- **Join LinkedIn** – <http://www.linkedin.com/in/baker/>

The Department of Labor also offers free workshops to help you build and make the most of LinkedIn's available resources. You are invited to take each of the free 2-hour LinkedIn workshops that DOL offers, either in a classroom or virtual setting.

To sign up for these courses, visit the **Off-Based Transition Training (OBTT)** and/or the **Transition Employment Assistance for Military Spouses (TEAMS)** websites, and search for LinkedIn Profiles and LinkedIn Job Search courses.

- <https://www.dol.gov/agencies/vets/programs/tap/off-base-transition-training>
- <https://www.dol.gov/agencies/vets/programs/tap/teams-workshops>

X (formerly Twitter) – Online news and social networking service. <https://x.com/>

State Workforce Agencies

The table below contains the names and contact information for AJCs located in each U.S. state or territory.

When searching online for your location, substitute the name of your town, city, or county for the “Town or County Name” when you see the placeholder used. Do not include the quotation marks.

For example:

- In Birmingham, Alabama the local AJC goes by the name *Birmingham Career Center*.
- In Los Angeles, California, the title you would search for would be *Los Angeles American JobCenter/CareerCenter*.

State	American Job Center Title & Contact Information
Alabama	"Town Name" Career Center Website: https://www.labor.alabama.gov/CareerCenters.aspx Email: vets.handoff@alcc.alabama.gov
Alaska	"Town Name" Job Center Website: https://jobs.alaska.gov/veterans/ Email: dol.veteranordinator@alaska.gov
Arizona	ARIZONA@WORK "Town or County Name" Website: https://des.az.gov/services/employment/veterans Email: dersjvsg@azdes.gov
Arkansas	Arkansas Workforce Center at "Town or County Name" Website: https://dws.arkansas.gov/workforce-services/job-seekers/veterans-services/
California	"Town or County Name" American Job Center/Career Center Website: https://edd.ca.gov/en/jobs_and_training/services_for_veterans Email: WSBVeteranProgramUnitCommunications@edd.ca.gov

State	American Job Center Title & Contact Information
Colorado	"Town or County Name" Workforce Center Website: https://cdle.colorado.gov/jobs-training/veterans
Connecticut	"Town Name" American Job Center Website: https://portal.ct.gov/dol/Divisions/Veterans-Services?language=en_US
Delaware	American Job Center: 4 Locations: Fox Valley (Wilmington), Newark, Dover and Georgetown Website: https://labor.delaware.gov/divisions/employment-training/veterans-services/
Florida	CareerSource "Town or County Name" Website: https://www.floridajobs.org/office-directory/division-of-workforce-services/workforce-programs/veterans-employment-program Email: vets@deo.myflorida.com
Georgia	"Town Name" Career Center Website: https://dol.georgia.gov/locations/career-center/
Guam	American Job Center - Guam Website: https://dol.guam.gov/employment-and-training/dvop/
Hawaii	American Job Center - Oahu Website: https://labor.hawaii.gov/wdd/job-seekers/vets/
Idaho	Idaho Department of Labor - "Town Name" Website: https://www.labor.idaho.gov/Job-Seekers/Veterans-Services/
Indiana	WorkOne - "Town or County Name" Website: https://www.in.gov/dwd/veterans-services/
Illinois	Multiple Titles Website: https://ides.illinois.gov/ https://www.illinoisworknet.com/Training/Pages/wioacenters.aspx Email: DES.MyVetRep@illinois.gov
Iowa	IowaWORKS "Town or County Name" Website: https://www.iowaworks.gov/vosnet/Default.aspx Email: hbi@iowa.gov
Kansas	KANSASWORKS - "Town or County Name" Website: https://kanvet.org/employment
Kentucky	Kentucky Career Center - "Town or County Name" Website: https://kcc.ky.gov/veterans/Pages/default.aspx Email: veteranservices@ky.gov

State	American Job Center Title & Contact Information
Louisiana	"Town or County Name" American Job Center <i>Website:</i> https://www.laworks.net/WorkforceDev/VeteransServices/Vet_Main.asp
Maine	"Town or County Name" CareerCenter <i>Website:</i> https://www.mainecareercenter.com/employment/veterans.shtml <i>Email:</i> MaineHireAVet.DOL@maine.gov
Maryland	American Job Center <i>Website:</i> https://www.dlir.state.md.us/employment/veteranservices.shtml
Massachusetts	MassHire "Town or County Name" Career Center <i>Website:</i> https://www.mass.gov/veterans-job-programs-and-services
Michigan	Michigan Works <i>Website:</i> https://www.michigan.gov/leo/bureaus-agencies/wd/panel-veterans
Minnesota	CareerForce in "Town or County Name" <i>Website:</i> https://www.careerforcemn.com/veterans <i>Email:</i> veterans.careerforce@state.mn.us
Mississippi	Town or County Name Win Job Center <i>Website:</i> www.mississippiworks.org
Missouri	Missouri Job Center "Town or County Name" <i>Website:</i> https://jobs.mo.gov/mo-heroes-connect <i>Phone:</i> 1-866-506-0251. Enter zip code, and caller is routed to the appropriate AJC
Montana	Job Service "Town or County Name" <i>Website:</i> https://wsd.dli.mt.gov/job-seeker/veteran-services/
Nebraska	Nebraska Workforce Development - "Town or County Name" <i>Website:</i> https://networks.nebraska.gov/vosnet/Default.aspx <i>Email:</i> ndol.veteranservices@nebraska.gov
Nevada	EmployNV Career Hub <i>Website:</i> https://detr.nv.gov/Page/Veteran_Services
New Hampshire	NH WORKS - "Town or County Name" <i>Website:</i> https://www.nhes.nh.gov/services/job-seekers/veterans/
New Jersey	"Town Name" One Stop - Career Center <i>Website:</i> https://nj.gov/labor/career-services/special-services/veterans/ https://www.nj.gov/labor/career-services/contact-us/one-stops/

State	American Job Center Title & Contact Information
New Mexico	New Mexico Workforce Connection - "Town or County Name" <i>Website:</i> https://www.dws.state.nm.us/Veterans/Vet-Information/Vet-Programs <i>Email:</i> NMVets.Jobs@dws.nm.gov
New York	"Town or County Name " Workforce"/Career Center <i>Website:</i> https://labor.ny.gov/vets/vetintropage.shtm <i>Email:</i> ask.vets@labor.ny.gov
North Carolina	NC Works Career Center <i>Website:</i> https://www.commerce.nc.gov/jobs-training/resources-job-seekers/veterans-seeking-jobs-north-carolina <i>Email:</i> DWS_ENPPCoordinatoars@commerce.nc.gov
North Dakota	Job Service North Dakota <i>Website:</i> https://www.jobsnd.com/job-seeker/veterans
Ohio	OhioMeansJobs "City or County Name" <i>Website:</i> https://ohiomeansjobs.ohio.gov/job-seekers/build-your-career/military-service <i>Email:</i> OhioVetsFirst@jfs.ohio.gov
Oklahoma	Oklahoma Works -American Job Center-"Town or County Name" <i>Website:</i> https://oklahoma.gov/oesc/veterans.html
Oregon	WorkSource Oregon - "Town or County Name" <i>Website:</i> https://www.worksourceoregon.org/contact
Pennsylvania	PA CareerLink - "Town or County Name" <i>Website:</i> https://www.pacareerlink.pa.gov/jponline/Persona/PersonaPage/Veterans
Puerto Rico	Conexión Laboral (Labor Connection) <i>Website:</i> https://www.perfil.trabajo.pr.gov
Rhode Island	"Town Name" netWORKri <i>Website:</i> https://dlt.ri.gov/individuals/jobseeker-resources/career-centers#vets
South Carolina	SC Works Center (City or Regions Name goes first) <i>Website:</i> https://scworks.org/jobseeker/jobseeker-programs/veteran-services/https://veterans.scworks.org/vosnet/Default.aspx
South Dakota	Job Service <i>Website:</i> https://dlr.sd.gov/
Tennessee	American Job Center <i>Website:</i> https://www.tn.gov/workforce/jobs-and-education/services-by-group/services-by-group-redirect/job-placement-for-veterans.html <i>Email:</i> jvsg@tn.gov

State	American Job Center Title & Contact Information
Texas	Workforce Solutions Website: https://veterans.portal.texas.gov/ Email: tvcemployment@tvc.texas.gov
Utah	Department of Workforce Services "Town or County Name" Website: https://jobs.utah.gov/veteran/index.html Email: utahvets@utah.gov
Vermont	Resource Center Website: https://labor.vermont.gov/workforce-development/veteran-services
Virgin Islands	American Job Center - St. Thomas/St. Croix Website: https://workforce.vidol.gov/services-for-veterans
Virginia	Virginia Works - "Town or County Name" Website: https://viriniaworks.gov/ Email: veteran.services@vec.virginia.gov
Washington	WorkSource "Town or County Name" Website: https://www.worksourcewa.com/microsite/content.aspx?appid=MGSWAVET&pagetype=simple&seo=landingpage Email: hireavet@esd.wa.gov
Washington, DC	American Job Center - Northeast/Northwest Website: https://does.dc.gov/service/veterans
West Virginia	WorkForce WV - "Town or County Name" Website: https://workforcewv.org/individuals/veterans/ Email: workforcevets@wv.gov
Wisconsin	"County Name" Job Center Website: https://jobcenterofwisconsin.com/veterans/ Email: detveteranenpp@dwd.wisconsin.gov
Wyoming	"Town or City Name" Workforce Center Website: https://dws.wyo.gov/dws-division/workforce-center-program-operations/programs/veterans-program/

Taxes

IRS – Self-Employment Taxes, Social Security and Medicare Taxes.

<https://www.irs.gov/businesses/small-businesses-self-employed/self-employment-tax-social-security-and-medicare-taxes>

Temp Job Information

Indeed.com – Everything you need to know about being a temp.

<https://www.indeed.com/career-advice/finding-a-job/what-is-a-temp>

Job-Hunt.org – The Pros and Cons of Temp Jobs – Is Temp Work Worth It?

<https://www.job-hunt.org/temporary-employment-advantages-disadvantages/#site-content>

Mackinnon & Partners – Advantages and Disadvantages of Temporary Employment.

<https://mackinnonandpartners.com/advantages-and-disadvantages-of-temporary-employment/>

MasisStaffing.com – Thinking of Being a Temp? Here's What to Know.

<https://masisstaffing.com/thinking-of-being-a-temp>

TERRA Staffing Group – The Pros and Cons of Temporary Work.

<https://www.terrastaffinggroup.com/resources/blog/temporary-work-pros-and-cons/>

Transition Assistance Program (TAP) Resources


Find our TAP classes near you and online. <https://tapevents.mil/>

- **Boots-to-Business** – This course is for those interested in exploring business ownership or other self-employment opportunities. Participants learn about evaluating business concepts, developing a business plan, the resources available to access technical assistance, start-up capital, contracting opportunities, and more.
- **Career and Credential Exploration (C2E)** – This course offers an opportunity to complete personalized career development assessments of occupational interests and aptitudes. Participants will then be guided through a variety of career considerations, including labor market projections, education, apprenticeships, certifications, and licensure requirements.
- **Employment Workshop (DOL EW)** – This course presents a comprehensive view covering best practices in career employment, including learning interview skills, building effective resumes, and using emerging technology to network and search for employment.
- **Employment Fundamentals of Career Transition (EFCT)** – This course lays the foundation for transition from military to civilian careers by introducing essential tools and resources needed to evaluate career options, gain information for civilian employment, and understand the fundamentals of the employment process.


- **Financial Planning for Transition** – This course provides transitioning Service members with an understanding of how transition may impact their finances and provides the tools and resources for a successful financial transition.
- **Managing Your (MY) Education** – This course, designed for anyone pursuing an undergraduate or graduate degree, includes information on choosing a field of study, selecting an institution, gaining admission, and funding your education.
- **Managing Your (MY) Transition** – This course emphasizes the importance of preparing for transition from military service into the civilian sector and provides an overview of the Transition Assistance Program.
- **Military Life Cycle (MLC) Resources webpage** – Links to the VA TAP Course Catalog.
- **Military Occupational Code (MOC) Crosswalk** – This course assists with identifying skills and demonstrates how to translate skills, training, and experience into civilian credentialing appropriate for civilian jobs.
- **TAP Online Courses (Virtual/Asynchronous)** – TAP curriculum can be viewed for All Courses or filtered for Core Requirements, Transition Tracks or Military Life Cycle (MLC).
- **VA Benefits 101** – This course highlights VA benefits and services to include education, home loan guaranty, health care, and insurance and memorial benefits.
- **VA Benefits and Services** – This course explains how to navigate your transition journey with Department of Veterans Affairs (VA) benefits and services, including: supporting yourself and your family, getting career ready, finding a place to live, maintaining your health, and connecting with your community.
- The courses described above are also found here: <https://tapevents.mil/courses>


Employment Navigator & Partnership Program (ENPP) – Provides one-on-one career assistance to interested transitioning service members, and their spouses, at select military installations worldwide. Provided outside of the formal DOL Transition Assistance Program (TAP) classroom instruction, the Employment Navigator (EN) will assist in securing meaningful and lasting post-separation careers.

<https://www.dol.gov/employmentnavigator>

Resources marked by this symbol:  are EN Partners. Partners have signed a Memorandum of Understanding (MOU) with the DOL and meet specialized criteria to provide services to veterans. Jobseekers, TSMs, veterans or spouses do not have to be enrolled in ENPP in order to access or use services provided by these partners.


Training Services


DiverseNote Mobility  – Program that increases access to career and economic mobility. Programs offered online and in person. <https://diversenote.mobi/>


ERA Solutions  – Provides training, apprenticeship and SkillBridge opportunities to Transitioning Service Members and their Spouses. Their mission is to train and employ veterans, placing them in highly desirable careers. Clients are afforded training and mentorship to help them enhance their marketability. <https://www.erasolutions.us/>


International Scientific Advisors (ISA) – A community of trained military- and medical-connected personnel who assist and work with MedTech and Biopharma companies to accelerate their dual-use/-purpose tech to DoD, VA, and other Federal markets. <https://joinisa.io/>


JobCorps – Nation’s largest free residential career training and education program. For eligible young people ages 16 through 24. More than 120 campuses nationwide, covering 10 in-demand industries and over 100 training areas for you to explore. For more information, visit www.jobcorps.gov.

Leader Transition Institute  – LTI provides a free, virtual, hands-on, interactive transition program designed for service members and/or military spouses. Changing Focus: Moving From We to Me complements the DoD Transition Assistance Program by focusing on areas not covered in that program. <https://leadertransitioninstitute.org/>

Lessons Learned for Vets  – Podcast that provides insight and information on transition, preparation for potential obstacles, and planning for transition success. <http://www.llforvets.com/>

Onward To Opportunity (O2O)  – Syracuse University’s online learning platform offering industry validated curriculum sessions. <https://ivmf.syracuse.edu/programs/career-training/>

VETS: Beyond the Uniform  – Provides access to a wide range of services including specialized assessments, one-on-one coaching & mentoring, video interview packages, and access to hundreds of workshops to support the missing skills & certifications at no cost. Also offers employment mentorship, employment networking, referrals to employment opportunities. <https://vetsbeyondtheuniform.com/>

V School  – Offers online courses in cybersecurity, web development and user experience design, emphasizing personalized learning and practical experience. <https://vschool.io/>

Unemployment Resources

Unemployment Benefits Finder – Learn how to file for unemployment benefits.

<https://www.careeronestop.org/LocalHelp/UnemploymentBenefits/unemployment-benefits.aspx>

Unemployment Compensation for Ex-servicemembers (UCX) program provides benefits for eligible ex-military personnel. www.servicelocator.org/OWSLinks.asp

WorkforceGPS – Reemployment Services and Eligibility Assessment (RESEA) Program assists veterans to find training, jobs or services needed to prepare for employment.

<https://www.workforcegps.org/>

USAJobs

Shape America's future! An Office of Personnel Management (OPM) website that is your primary source for federal government jobs. Apply for jobs in the federal government, explore career fields that are hiring now, and learn more about the federal hiring process. <https://www.usajobs.gov/>

- Find job fairs and events: <https://www.usajobs.gov/notification/events/>
- Get started with USAJOBS: <https://help.usajobs.gov/get-started>
 - Save your favorite jobs and searches
 - Upload your resumes and documents
 - Make your resume searchable
- Federal job vacancy announcements – <https://www.usajobs.gov/search/results/?l=&k=federal%20job%20announcements>

VA Benefits and Programs

This section contains links to Veterans Administration websites referred to in our TAP workshops and other links regarding benefits you may not be aware of and of special interest to you.

VA Homepage – Create an account to manage your VA benefits and care in one place, any time, from anywhere. <https://www.va.gov/>

GI Bill benefits:

- Apprenticeships or OJT. www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/on-the-job-training-apprenticeships/
- Degree granting institutions. www.benefits.va.gov/gibill/higher_learning.asp

- **G.I. Bill information and Veterans' benefits**, including education and training. www.va.gov/education/
- **Licensing and Certification** – www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/test-fees/
- **Summary of GI Bill benefits, eligibility, and links to payment rates** – www.va.gov/education/about-gi-bill-benefits/
- **Vocational/Technical training** – www.benefits.va.gov/gibill/non_college_degree.asp
- **VA Education and Training Benefits** – <https://www.va.gov/education/>

VA Aid and Attendance benefits and Housebound allowance –

<https://www.va.gov/pension/aid-attendance-housebound/>

VA Caregiver Support Program – <https://www.caregiver.va.gov/index.asp>

VA Comparison tool – Find estimated benefits by school or program.

www.va.gov/gi-bill-comparison-tool

VA Federal Benefits for Veterans, Dependents, Survivors, and Caregivers – (Downloadable booklet) https://www.va.gov/opa/publications/benefits_book/2023_federal_benefits_for_veterans_dependents_and_survivors.pdf

VA Programs of Comprehensive Assistance for Family Caregivers –

<https://www.va.gov/family-and-caregiver-benefits/health-and-disability/comprehensive-assistance-for-family-caregivers/>

VA Survivors' and Dependents' Educational Assistance –

<https://www.va.gov/education/survivor-dependent-benefits/dependents-education-assistance/>

VA Work-Study Programs – www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/work-study/

VetSuccess on Campus (VSOC) – Department of Veterans Affairs program that provides a VA Vocational Rehabilitation Counselor to each VSOC school. VSOC Counselors and VA Vet Center Outreach Coordinators are also located on many campuses, providing peer-to-peer counseling and referral services. <https://www.benefits.va.gov/vocrehab/vsoc.asp>

Yellow Ribbon program. Information on the program. Includes links to see participating schools and current payment rates.

www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/

- **Keystone Program Caregiver & Family Support** – Provides support for military caregivers in chapters around the country.

<https://yellowribbonfund.org/programs/keystone/>

Veterans' Resources

milConnect – DoD affiliates and beneficiaries can manage their benefits and records through a convenient self-service portal. Integrated applications give them secure access to many of their personal and personnel records held in the Defense Enrollment Eligibility Reporting System (DEERS). The milConnect FAQ provides the most up-to-date policies, procedures and resources for making the most of their entitlements and benefits.

<https://milconnect.dmdc.osd.mil/milconnect/>

OPM Government Policy, Data, Oversight, Pay & Leave, Pay Scales –

<https://www.opm.gov/policy-data-oversight/pay-leave/salaries-wages/>

PatriotLink – Resource database filled with thousands of vetted, direct, cost-free resources tailored to the needs of the military and veteran community.

<https://www.patriotlink.org/>

Off-Base Transition Training (OBTT)

Provides ten, two-hour workshops on employment fundamentals to veterans, veterans currently serving in the National Guard and Reserve, and their spouses to help meet their employment goals.

- Workshops are in-person, virtual and built to fit your schedule.
- No cost based on your service. Mix and match workshops to meet your employment goals and attend at your own pace.
- Workshops are held virtually nationwide and in selected metropolitan areas.

<https://www.dol.gov/agencies/vets/programs/tap/off-base-transition-training>

Joint Services Transcript (JST)

Information and access. <https://jst.doded.mil/jst/>

U.S. Department of Veterans Affairs

Create an account to manage your VA benefits and care in one place — any time, from anywhere. Explore VA benefits and health care. Sign up to receive the latest VA updates. <https://www.va.gov/>

- VA crisis line at **(800) 273-8255, PRESS 1**.

- **Education and Training** – Information about veterans’ education and training benefits. www.va.gov/education/
- **Non-college degree programs**, GI Bill information for vocational/technical training. www.benefits.va.gov/gibill/non_college_degree.asp
- **On-the-job training and apprenticeships**, GI Bill benefits information. www.va.gov/education/about-gi-bill-benefits/how-to-use-benefits/on-the-job-training-apprenticeships/
- **Undergraduate and graduate degrees**, GI Bill information. www.benefits.va.gov/gibill/higher_learning.asp
- **Veteran Readiness and Employment (VR&E)** (Chapter 31). www.va.gov/careers-employment/vocational-rehabilitation/
- **Yellow Ribbon Program** – Includes links to see participating schools and current payment rates. www.va.gov/education/about-gi-bill-benefits/post-9-11/yellow-ribbon-program/

Veterans’ Employment and Training Service (VETS)

U.S. Department of Labor online portal for veterans. We prepare America's veterans, service members, and military spouses for meaningful careers, provide them with employment resources and expertise, protect their employment rights, and promote their employment opportunities. Our goal is to enable all veterans, service members, and military spouses to reach their full potential in the workplace.

Every year, approximately 200,000 men and women leave U.S. military service and return to life as civilians, a process known as the military to civilian transition.

The Transition Assistance Program (TAP), provided under [10 U.S.C. 1144](#), is a cooperative interagency effort among the Department of Labor, and the Departments of Defense, Education, Homeland Security and Veterans Affairs, the Small Business Administration and the Office of Personnel Management.

- Select “Find a Job”. The select “CareerOneStop: American Job Center Finder.” Search by location. www.veterans.gov/

Specific Branch Information

- [Army](#)
- [Marine Corps](#)
- [Navy](#)
- [Air Force](#)

- [Coast Guard](#)

TAP Curriculum Resources

eLearning

TAP eLearning curriculum is designed to provide service members who are unable to attend TAP in-person, due to military necessity and upon approval by their TAP manager/counselor, with the ability to fulfill their TAP obligations. The eLearning is available to transitioning service members, veterans, and their spouses through the DoD Transition Online Learning (TOL) system.

[Access the TAP Online Curriculum \(TAPevents.mil\)](#)

VETS Resource Guide

The VETS Resource Guide is a quick reference collection of employment related resources, organized alphabetically within major topic headings, to help you quickly find and access the resources discussed in our workshops as well as other important resources available to assist you in reaching your full potential in the workplace.

[VETS Resource Guide \(PDF\)](#)

Employment Fundamentals of Career Transition (EFCT)

EFCT is a one-day foundational workshop that introduces the essential tools and fundamentals you need to evaluate post-separation career options, search for employment, and identify actions to assist you in becoming the best competitor for your best fit career.

- Workshop materials for the course: <http://dol.gov/EFCTmaterials>

Wounded Warrior and Caregiver Employment Workshop (WWCEW)

WWCEW offers wounded, ill, or injured transitioning service members, and those in the IDES process an alternative to fulfill their DOL one-day EFCT requirement. It is self-paced, blended eLearning, fully accessible and 508 compliant. Caregivers can also benefit from taking this course.

- Register for the eLearning modules: <https://www.tapevents.mil/courses>
- Register for the instructor-led virtual Discussion and Activity Sessions (DAS) for questions while you are taking WWCEW.
<https://www.dol.gov/agencies/vets/programs/tap/wounded-warrior-caregiver>

Department of Labor Employment Workshop (DOLEW)

VETS offers DOLEW, a two-day employment-focused workshop on best practices in career employment, including in-depth training to build an effective resume, network, and search for employment, learn interview skills and identify negotiation know-how.

- DOLEW Materials: <https://www.dol.gov/agencies/vets/programs/tap/dolew>

Career and Credential Exploration (C2E)

C2E offers a unique opportunity for participants to complete a personalized career development assessment to identify occupational interest and ability. Participants are guided through a variety of career considerations including labor market projections, education, apprenticeships, certifications, and licensure requirements.

- C2E Materials: <https://www.dol.gov/agencies/vets/programs/tap/c2e>

Employment Navigator and Partnership Program

ENPP is an extension of traditional DOL TAP workshops, designed to help transitioning service members and their spouses achieve their employment and training goals.

Employment Navigators (EN) provide one-on-one employment-focused training and connect participants to partner organizations for additional resources.

Learn More About ENPP: <https://www.dol.gov/agencies/vets/programs/tap/employment-navigator-partnership>

Virtual & Remote Opportunities

CareerOneStop – Search for a job by entering “remote” as the job keyword and a specific state or location. <https://www.careeronestop.org/JobSearch/FindJobs/find-jobs.aspx>

FlexJobs.com – Currently listing over 30,000 jobs from over 5,000 companies. Free for job seekers to view condensed version of job. Requires paid membership account to access full listing and apply for jobs. Additional services may have fees, e.g., one 30-minute call with a career coach is \$89. <https://www.flexjobs.com/>

Volunteering

Volunteer Opportunities

AmeriCorps – Connect to education opportunities and jobs.

<https://www.nationalservice.gov/programs/amicorps>

JustServe – Free service that links community volunteer needs with volunteers. Volunteer needs of organizations are posted, and volunteers search for opportunities to enhance the quality of life in the community. <https://www.justserve.org/>

USAJOBS Help Center – Hiring paths for student volunteers.

<https://www.usajobs.gov/Help/working-in-government/unique-hiring-paths/students/volunteers/>

Volunteer.gov – America's Natural and Cultural Resources Volunteer Portal.

<https://www.volunteer.gov/>

Using Volunteer Experience as Reference

Chron.com – Can I Use Volunteer Work as Work Experience on a Job Application?

<https://work.chron.com/can-use-volunteer-work-work-experience-job-application-7638.html>

Linguaholic.com – Does Volunteer Work count as "Work Experience" on a Resume?

<https://linguaholic.com/linguablog/volunteer-work-work-experience-resume/>

SkillRoads.com – How to List Volunteer Experience on Resume (with examples).

<https://skillroads.com/blog/how-to-write-resume-work-experience-section>

Warrior Care Military Caregiver Support

American Red Cross Military and Veteran Caregiver Network (MVCN) – Offers peer-based support and services to connect those providing care to service members and veterans of all eras and at all stages of caregiving living with wounds, illnesses, injuries and/or aging. The mission of the MVCN is to provide peer support to reduce isolation and increase connection, engagement, knowledge, skills and hope.

The MVCN offers three peer support programs and two public caregiver-focused services:

- Online Peer Support Community
- Peer Mentor Support Program
- Peer Support Groups (Online & Community-Based)
- Resource Library
- Master Calendar

<https://www.redcross.org/get-help/military-families/services-for-veterans/military-veteran-caregiver-network.html>

DoD Military Caregiver Support – Caregiver Resource Directory (e-CRD). Supports caregivers by identifying resources specific to their needs and expands awareness

through all stages of the caregiver journey. Live document is updated weekly.

<https://nrd.gov/misc/crdDownload>

Elizabeth Dole Foundation – Their stated mission is to enhance the quality of life for military and veteran caregivers, empower them with valuable resources, and amplify their voices on a national scale. Provides access to essential resources, support networks, and advocacy for policy change that benefits military and veteran caregivers. Supports initiatives such as the Dole Caregiver Fellowship and Hidden Heroes Campaign to raise awareness, drive action, and foster community support for caregivers across the country.

<https://www.elizabethdolefoundation.org/>

- **The Bob & Dolores Hope Foundation Fund for Critical Financial Assistance** – <https://hiddenheroes.org/get-immediate-help/hopefund/>
- **Respite Resource** – Access site for resources and online education for caregivers. <https://hiddenheroes.org/resources-online-education/respite/>

Rosalynn Carter Institute for Caregivers – Champions family caregivers by building cross-sector partnerships, leading research projects and strategic initiatives, developing and implementing evidence-based programs, and advocating for public policy.

<https://rosalynncarter.org/military/>

Transition Employment Assistance for Military Spouses and Caregivers (TEAMS) – A series of Department of Labor (DOL) employment workshops that extend the Department's Transition Assistance Program to assist military spouses and caregivers as they plan and prepare for their job search in pursuit of their employment goals.

<https://www.dol.gov/agencies/vets/programs/tap/teams-workshops>


Warrior Care and the Military Caregiver Support program – Created and maintained by the military services' Wounded Warrior Programs (WWPs), these programs provide resources and information exclusively for military caregivers who assist wounded, ill, and/or injured service members with activities of daily living. <https://warriorcare.dodlive.mil/Caregiver-Resources/>

Wounded Warrior Employment Resources


Wounded Warrior and Caregiver Employment Workshop – This course is a blended learning delivery of the online Employment Fundamentals of Career Transitions (EFCT) followed by instructor-led virtual sessions designed to meet the needs of transitioning service members who may be wounded, ill and/or injured. <https://tapevents.mil/>

Caregivers can also benefit from this course: <https://tapevents.mil/courses/292>


Wrap Around Services / Support Services

America's Warrior Partnership  (AWP) – Committed to providing nation-wide wrap around services for transitioning services members through the AWP Network program. AWP works with local community service providers, national service providers, and companies ensuring the right connections are made to achieve outcomes related to improving quality of life post service through employment and more. Local services available through the Alaska Warrior Partnership, Dine' Naazbaa Partnership on the Navajo Nation, Indy Warrior Partnership in Indiana, Panhandle Warrior Partnership in Florida, and the Permian Warrior Partnership in Texas/New Mexico. <https://www.tfaforms.com/5109452>


Boulder Crest Foundation – A non-profit organization offering treatment and support programs for veterans and first responders suffering from post-traumatic stress syndrome (PTSD). <https://bouldercrest.org/>

Blue Star Families  – Empowers families to thrive as they serve. Through research, data-informed programming, and policy positions, Blue Star Families uplifts military and Veteran families by deepening connections with their neighbors to create vibrant communities of mutual support and belonging. <https://bluestarfam.org/>


ChildCareAware of America – National network of more than 500 child care resource and referral (CCR&Rs) agencies and other partners to ensure that all families have access to quality, affordable child care. <https://www.childcareaware.org/>

Combined Arms  – Provides comprehensive support to military members and their families as they transition to civilian life. <https://www.combinedarms.us/>


Hampton Roads Workforce Council  – Directly connects transitioning service members and military spouses to vetted employers, DoD Skillbridge programs, colleges, entrepreneurial resources and benefits you've earned, to enable you to have a positive impact on your community. <https://www.eventbrite.com/o/the-hampton-roads-workforce-council-hrvecs-49125779023>


Idaho Veterans Chamber of Commerce  – Delivers wrap-around services and a navigation network hub for veterans, active-duty military personnel, and their families. By building strong, sustainable partnerships with deeply-rooted businesses and organizations around Idaho, their efforts bridge the gap for their military community by providing pathways to community resources for education, housing, entrepreneurship, workforce management, family, and wellness services. <https://www.idahoveterans.org/>


In the Door  – Provides workforce development, economic development, and training. <https://www.inthedoornow.com/veterans>


Lacey Veterans Services Hub  – Help veterans with employment, training, and job readiness assistance. <https://www.laceyveteranshub.org/>


Military OneSource – Department of Defense 24/7 gateway to trusted information, resources and confidential help. When MilLife happens, it's your “first line of support” — giving service members and military families tools to stay well and thrive. <https://www.militaryonesource.mil/>

Mt. Carmel Veterans Service Center  – Provides transition and employment assistance, behavioral health and wellness, supportive services, connection to community resources, and safe, multi-functional event spaces. <https://www.veteranscenter.org/>


Operation Stand Down Tennessee  – Engages, equips, empowers, and educates military Veterans, their families, and the community through crisis, career, connection, and convening services. We directly serve those who have served in uniform through all stages of life and need. <https://www.osdtn.org/>

Palmetto Goodwill  – Provides job training and employment services throughout 18 counties in lower South Carolina. <https://palmettogoodwill.org/>

Reveille Foundation  – Works with community partners to support programs designed to assist individuals with housing, human services, therapy, education, employment, certifications, training, and workforce development. <https://reveillefoundation.org/>

Veterans Bridge Home  – (North Carolina and South Carolina Only) Serves as a crucial link for veterans and their families, providing them with the resources necessary for a flourishing life. Leveraging a wide network of partners, they facilitate access to key resources like employment opportunities, healthcare and wellness services, and vital social connections to ensure their thriving success. <https://veteransbridgehome.org/>

VetsFirst – A program of United Spinal Association that assists veterans and their eligible family members in obtaining benefits. Their stated mission is to advocate for veterans living with disabilities to ensure they achieve the highest level of independence and quality of life. <http://www.vetsfirst.org/military-separation-guide>

Zero8hundred  – Provides personalized, early intervention partnership that connects transitioning servicemembers, and their spouses, to the available services and opportunities best suited to their individual needs. <https://www.zero8hundred.org/>

DEPARTMENT OF LABOR EMPLOYMENT COURSES FOR TRANSITIONING SERVICE MEMBERS, SPOUSES, VETERANS AND CAREGIVERS



TRANSITION ASSISTANCE PROGRAM (TAP)

A congressionally mandated DoD program for all transitioning, separating, and retiring military service members. TAP offers live classroom and virtual courses, as well as resources related to benefits and employment. For more info, visit your local military installation or go to www.dol.gov/agencies/vets/programs/tap



TRANSITION ONLINE LEARNING (TOL)

Visit Transition Online Learning (TOL) at <https://TAPevents.mil/courses> for online TAP courses. From the TAP Curriculum drop-down menu near the middle of the page, choose *All Courses* to view options of TAP Core Requirements and Transition Tracks. Select a desired course and follow instructions for registering.



WOUNDED WARRIOR AND CAREGIVER EMPLOYMENT WORKSHOP (WWCEW)

This training replaces the traditional TAP EFCT mandatory DOL one-day for transitioning service members considered wounded, ill, and/or injured, or who transition either through their service branch's warrior care or military recovery units or through the Integrated Disability Evaluation System (IDES). The curriculum is fully accessible, self-paced eLearning with the opportunity to attend a live, instructor-led Discussion and Activity Session to ask questions, discuss activities, and receive clarification on course content. Caregivers and spouses can also benefit from the information in the course. WWCEW is available at www.TAPevents.mil/courses



EMPLOYMENT NAVIGATOR AND PARTNERSHIP PROGRAM (ENPP)

The Employment Navigator (EN) and Partnership Program provides one-on-one career assistance to interested transitioning service members, and their spouses, at select military installations worldwide. Provided outside of the formal DOL TAP classroom instruction, the EN will assist in securing meaningful and lasting post-separation careers. Learn more www.dol.gov/employmentnavigator



TRANSITION EMPLOYMENT ASSISTANCE FOR MILITARY SPOUSES AND CAREGIVERS (TEAMS)

TEAMS is a series of DOL employment-focused workshops created to assist military spouses and caregivers as they plan and prepare in pursuit of their employment goals. All TEAMS workshops are instructor-led, in-person or virtual, provided at a variety of times, to meet the needs of individuals stationed throughout the world. More information and course descriptions are available at www.dol.gov/TEAMSworkshops



OFF-BASE TRANSITION TRAINING (OBTT)

The OBTT pilot program, earned through service for veterans, veterans currently serving in the National Guard and Reserve, and their spouses, is an opportunity to take control of their career through workshops designed to help meet their employment goals. Workshops are offered in-person in select states and also instructor-led virtual options. More information is available at <https://www.dol.gov/OBTTworkshops>