Prorated Civil Service Retirement System (CSRS) and Federal Employees Retirement System (FERS) COLA Effective 12/01/2022

Social Security Annuities and Federal Civilian Pensions

Under the Civil Service Retirement System (CSRS) and the Organization Retirement and Disability System (ORDS), the COLA will be 8.7 percent for those who have received benefits for at least one year. Under the Federal Employees Retirement System (FERS) and FERS Special, the COLA will be 7.7 percent for those who have received benefits for at least one year.

The table below shows the prorated percentage increase according to the month the retiree's annuity began.

Monthly Annuity Began	Amount of Percentage Increase	
Retirement System	CSRS	FERS
December 2021 or earlier	8.7%	7.7%
January 2022	8.0%	7.1%
February 2022	7.3%	6.4%
March 2022	6.5%	5.8%
April 2022	5.8%	5.1%
May 2022	5.1%	4.5%
June 2022	4.4%	3.9%
July 2022	3.6%	3.2%
August 2022	2.9%	2.6%
September 2022	2.2%	1.9%
October 2022	1.5%	1.3%
November 2022	0.7%	0.6%