## **Empowering Women:**

## Navigating Health Protections Throughout Your Career August 15, 2024 2:00 pm-3:30 pm ET



The Department's Employee Benefits Security Administration, Wage and Hour Division, and Women's Bureau will host a collaborative webinar sharing women's health protections throughout their career and life journeys. This webinar will address the unique health challenges faced by women at different stages of their careers, focusing on early career, midcareer, and near retirement. The speakers will cover a wide range of topics, including the challenges women face and the importance of health benefits and protections, preventive care services, maternity care, work-life balance, paid family leave access, pregnancy discrimination laws, cancer protections, and mental health benefits.

In addition to providing help to address these challenges, learn about resources available to help women make informed decisions regarding their health and well-being. The webinar also will provide insight into how organizations can create a healthier work environment for women.

This is a great opportunity for women to learn about protections and resources available to help them care for themselves and their families. We hope you will join us.

If you require an accommodation to attend this webcast, please email teodo.molly.j@dol.gov at least five days prior to the event.

The list of attendees will be available upon request. Please email teodo.molly.j@dol.gov if you do not want your name shared.

Register Here

