

From: [Alexandra Lorenz](#)
To: [EBSA MHPAEA Request for Comments](#)
Subject: Mental Health Parity Act - support
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Hello,

Mental health care is health care and it is life saving. Lack of insurance coverage for mental health concerns is a major barrier to receiving mental health care. Without insurance coverage for mental health care it is nearly impossible for a middle or low income individual to pay for regular therapy or psychiatric visits.

Anything the government can do to increase coverage for mental health treatment should be pursued. Mental illness and poor mental health leads to immeasurable suffering and sometimes death.

Thank you for working towards a future where everyone is covered to receive mental health treatment.

Best,
Alexandra Lorenz