PUBLIC SUBMISSION

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Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services; etc.

Comment On: HHS-OS-2010-0018-0001 Interim Final Rules for Group Health Plans and Health Insurance Issuers Relating to Coverage of Preventive Services; etc.

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General Comment

Contraceptive care is an essential part of preventative care for all Americans, but especially for women. Unwanted pregnancy can take a tremendous physical and emotional toll on a woman, often requiring further, expensive care. Including contraception as preventative care without delay is a more cost effective way to ensure healthy mothers and babies.

Thank you.