To Whom it May Concern,

I object in the strongest of terms to mandating birth control with no co-pays under the Affordable Care Act.

Birth control is already widely available to all women, subsidized largely by taxpayers. Demanding that we further subsidize other people's birth control by increasing our insurance premiums in these days when families are struggling just to make ends meet is an outrage.

The mandate violates my conscience and that of millions of Americans who oppose birth control on moral and religious grounds.

It is undisputed that one of the operations of contraceptives is to render the endometrium hostile to implantation, so that if fertilization occurs, the newly conceived child may be lost to an early abortion. I also strongly object to the inclusion of free sterilization as well as abortifacient pills like ella, which can work weeks after a person's biological beginning to cause an abortion.

And what of Catholic employers and others who oppose birth control, but are now going to be forced to participate in these plans and/or offer it to their employees? This flies in the face of the conscience protections that