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Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction

Equity Act of 2008

Comment On: EBSA-2009-0010-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction

Equity Act of 2008

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General Comment

I am writing to you today to request that you recognize biofeedback as a valid treatment option. There are many studies evaluating its effectiveness in the treatment of medical and/or psychological disorders. I believe that biofeedback quite often meets the same criteria as medication or other therapies. Many insurance companies and third party payers deny reimbursement and this limits an effective and valid intervention

The Biofeedback Certification Institute of America (BCIA) is the certifying body for the practice of biofeedback, representing all modalities including neurofeedback. The APA pronounced biofeedback as a proficiency because of our petitioning of their organization. About 70% of our certificants are from the mental health field. I would be happy to furnish any further information you request. Please do visit www.bcia.org.

Judy Crawford BCIA Director of Certification