

PUBLIC SUBMISSION

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Docket: [IRS-2009-0008](#)

Request for Information for Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Comment On: [IRS-2009-0008-0001](#)

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

Document: [IRS-2009-0008-0072](#)

Comment on FR Doc # E9-09629

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General Comment

As a Clinical Social Worker who provides EEG biofeedback training to clients with Attention Deficit Hyperactivity Disorder (ADHD), anxiety, depression, sleep and pain disorders, I strongly urge parity with mental health and substance abuse disorders on an equal footing with medical/surgical procedures. There are over 50 published studies on the effectiveness of EEG biofeedback training on various mental health conditions and medical conditions with far fewer (if any) serious side-effects or negative consequences which frequently can occur with medical/surgical/pharmacological interventions. Furthermore, evidence-based criteria for mental health techniques are more restrictive than for medical/surgical. This is not parity. The parity statute should require the same equal access to mental health and substance abuse procedures as with medical/surgical.