

# PUBLIC SUBMISSION

As of: May 28, 2009 Tracking No. 809adaf8 Comments Due: May 28, 2009
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**Docket:** IRS-2009-0008

Request for Information for Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

**Comment On:** IRS-2009-0008-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

**Document:** IRS-2009-0008-0029

Comment on FR Doc # E9-09629

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## Submitter Information

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## General Comment

I have been a practitioner of Biofeedback for more than 20 years. I am also a Ph.D. Clinical Psychologist. The most effective treatment I have used in working with clients who have anxiety and panic attacks has been peripheral biofeedback. I strongly urge congress to include peripheral and neurofeedback in the parity bill. People who suffer from anxiety and panic attacks experience being out of control of their physical, emotional, and mental selves. With biofeedback, they quickly acquire the knowledge that they can control physiological correlates of the above and hence regain the sense of control over their minds and bodies.