## **PUBLIC SUBMISSION**

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Request for Information for Paul Wellstone and Pete Domenici Mental Health Parity and

Addiction Equity Act of 2008

Comment On: IRS-2009-0008-0001

Request for Information Regarding the Paul Wellstone and Pete Domenici Mental Health Parity

and Addiction Equity Act of 2008

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## **General Comment**

Among the therapeutic tools used by psychologists is included biofeedback and EEG neurofeedback (also called EEG biofeedback). These techniques are well researched, and in many cases (e.g., biofeedback for anxiety, neurofeedback for ADHD) are as well supported by research as are medications. Furthermore, the research on working memory training (specifically Cogmed) is also quite compelling. Given that neuro/biofeedback and working memory training are research based practices within the practice guidelines of psychologists, they should be included in the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008.

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