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Interim Final Rules Under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008

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Submitter Information

Name: Gary Ames

Address:

28 Rock Hill Road

Bala Cynwyd, PA, 19004

Email: GaryAmes@AlertFocus.com

Phone: 610-668-3223

General Comment

In order to implement the intent of the Act, the regulations must specify more clearly that any treatment limitations (based on scientific review criteria) that are applied by plans must be comparable for MH/SUD and medical surgical benefits, and that scientific review criteria employed for MH/SUD services must be no more restrictive than those that are predominant across the broad range of medical/surgical benefits.

I am specifically interested in biofeedback. Despite much research demonstrating efficacy, it is under-recognized.