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From: sheilacowden@yahoo.com [<mailto:sheilacowden@yahoo.com>]

Sent: Sunday, April 25, 2010 2:23 AM

To: EBSA, E-OHPSCA - EBSA

Subject: Comment in support of RIN 1210-AB30

April 25, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

No person can be healthy if they have substance abuse issues or mental health problems left untreated.

Sincerely,

Sheila Cowden
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Scottsdale, AZ 85259