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[<mailto:alicescowley@connections-etc.net>]  
Sent: Sunday, April 25, 2010 1:05 AM  
To: EBSA, E-OHPSCA - EBSA  
Subject: Comment in support of RIN 1210-AB30

April 25, 2010

I am writing to support the interim final rule under the Paul Wellstone and Pete Domenici Mental Health Parity and Addiction Equity Act of 2008 (RIN 1210-AB30).

I support the strong rule that would forbid insurance companies from charging higher copayments, deductibles, and other out-of-pocket expenses for mental health treatment than they would for other physical health care. Thank you for ensuring that mental health care and physical health care coverage are included in a single deductible.

I am grateful for Paul Wellstone and Pete Domenici's vision in their efforts to have mental health treatment recognized by the insurance industry as necessary as physical health treatment.

The Obama administration has wisely issued a mental health parity rule to insure equality in mental and physical health care pricing.

We can no longer be ignorant of the harm that the stigma society has about mental illness. "An ounce of prevention is worth a pound of cure."

Sincerely,  
Alice Cowley  
8689 County Road 23  
Becker, MN 55308-8910

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